

LIST OF CONSTITUENT COLLEGES

Kasturba Medical College, Manipal

Kasturba Medical College, Mangalore

Manipal Institute of Technology, Manipal

Manipal College of Dental Sciences, Manipal

Manipal College of Dental Sciences, Mangalore

Manipal College of Pharmaceutical Sciences, Manipal

Manipal College of Nursing, Manipal

Manipal College of Nursing, Mangalore

Manipal College of Allied Health Sciences, Manipal

Welcomgroup Graduate School of Hotel Administration, Manipal

Manipal Institute of Management, Manipal

Manipal Institute of Communication, Manipal

Manipal Centre for Information Sciences, Manipal

Melaka Manipal Medical College, Manipal

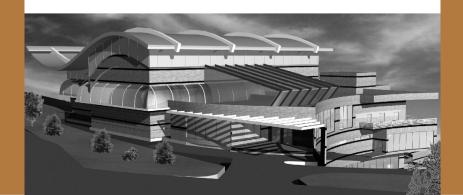
KMC International Center, Manipal

Manipal Life Sciences Centre, Manipal

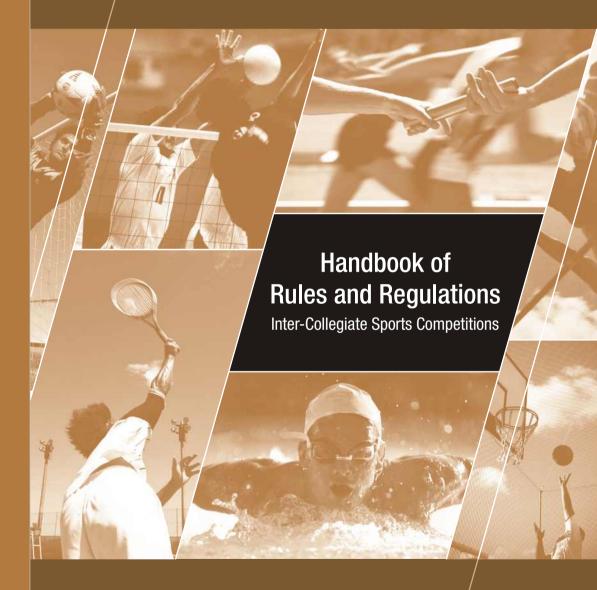
Manipal Institute of Jewellery Management, Manipal

Manipal Institute of Regenerative Medicine, Bangalore

International Centre for Applied Sciences, Manipal

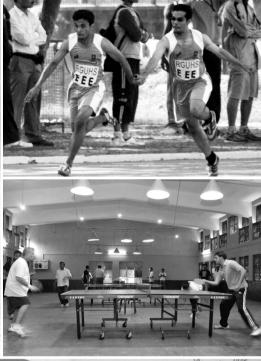














Manipal University **Sports Council Committee**

CONSTITUTION

Chairman

- Pro Chancellor

• Vice Chairman - Vice Chancellor

Secretary

- Sports Council Secretary,

Manipal University

Members

- Pro Vice Chancellor

Registrar

Director, Student Affairs

Director, Projects

Director, General Services

Heads of the Teaching Institutions Manipal/Mangalore

Staff Sports Advisors of the Institutions at Manipal/Mangalore

Director Finance

Directors of Physical

Education of respective

institutions

2009 Edition

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Aims, Objectives & Meetings

1.1 Aims

To develop following qualities in the students and staff of the University:

Health

Social interaction

Personality Development

Stress relief

Leadership

• Sense of discipline

Fair play

• Team spirit

1.2 Objectives

- To annually organize Manipal University Inter-Collegiate competitions in specified Games and Sports for the students.
- To Select, train and depute the University Teams for representative of MU of the inter University and other tournaments.
- To organize workshops, seminars on sports related matters.
- To organize Zonal / National Level Inter University and other tournaments.
- To organize coaching camps to improve the standard of sports / games.
- Arrange sports events for the staff members.

1.3 Meetings

- The council will meet atleast twice a year, once before the beginning of the academic year to plan the activities and another in the middle of the academic year to review the progress. It can meet more number of times as and when required.
- Sports calendar for the academic year will be drawn by a 'Sports Calendar/draws' committee comprises of all Directors of Physical Education, Sports Advisors from each college, Secretary Sports Council.
- Secretary of the sports council will be the custodian of the documents and records, relating to inter collegiate of inter university events.
- Secretary and chief co-ordinators for the university sports council will be chosen by the chairman at the first meeting of the academic year of the sports council.

(The Chief Coordinator may be changed on rotation basis among Directors of Physical Education)



List of events for Inter-Collegiate Tournaments/Competitions

Men's Section	Women's Section
1) Athletics 2) Badminton 3) Basket Ball 4) Chess 5) Cricket	1) Athletics 2) Badminton 3) Basket Ball 4) Chess 5) Cross Country Race
6) Cross Country Race 7) Foot Ball 8) Hockey 9) Table Tennis 10) Volley Ball 11) Lawn Tennis 12) Swimming	6) Table Tennis7) Volley Ball8) Lawn Tennis9) Swimming10) Throw Ball

The Sports Council will discuss and amend the above list as and when found necessary.

3 | Eligibility for MU Inter-Collegiate Tournaments

- **3.1** Bonafide full time and duly enrolled students of all the constituent colleges of Manipal University who are pursuing a full time course of study are eligible to participate in the Inter-Collegiate Competitions/Tournaments.
- **3.2** The detained students, non bonafide students, apprentices of professional colleges; students of certificate courses and distance education wing shall not be eligible to participate in the Inter-Collegiate Competitions/Tournaments. In case they are included in the team and inadvertently allowed to participate in the tournaments, as a disciplinary action such teams will be debarred from participation in that year. In addition, the concerned Physical Education staff and students will be subjected to disciplinary action.



4 Hosts, Entries, Venues & Draws

4.1 Host:

- 4.1.1 The responsibility of hosting each event for the academic year shall be entrusted to a particular College/Group Colleges, as decided by the Sports Council and the host will be called as 'convener' of the event and the joint Organising College if any, will be called 'coconvener'.
- 4.1.2 The head of the main convener college of the event shall appoint a tournament committee which will also function as 'Jury of Appeal' in case of dispute. The composition of the committee will be as follows

Chairman - Head of the main convener college

Co-chairman - Head of the co-convener college

Director of the meet/tournment - Sports Advisor of main convener college

Co-Director of the meet/tournment - Sports advisors of co-convener colleges

Organising Secretary - Director of Physical Education of the main

convener college

Members - 6 members to be co-opted by head of the

convener college/co-convenor college on

equal representation.

4.2 Entries & Venues:

(PARTICIPATION IN THE INTER-COLLEGIATE COMPETITIONS)

- **4.2.1** Only one team from each of the constituent colleges of Manipal University can participate in the Inter-Collegiate competitions.
- **4.2.2** The competitions will be conducted as per the rules and regulations laid down for the concerned event.
- **4.2.3** The conveners will fix up the venues for conducting the events taking assistance from other colleges/institutions if required.
- **4.2.4** The event of any college withdrawing from organizing the competitions for valid reasons, depending on the circumstances, Secretary Sports Council may change the Organising college or suspend the competitions of that event for that particular year.
- 4.2.5 For conducting the competitions, fixtures should be drawn seeding the winners and runners up team of previous years with cross seeding losing semifinalists i.e. If winner "A" team beat X team and runners-up "B" team beat Y in semifinals, then A & Y be placed in bottom half and "B" and X in upper half and the remaining teams be drawn by lots.

The copies of fixtures will be given to all the participating teams immediately after it is drawn and the copies of the fixtures will be sent to all the Directors of Physical Education/ Staff advisors.

- **4.2.6** For conducting a tournament there shall be a minimum of 4 entries for team games and in case of Athletics and Swimming events there shall be a minimum of 3 suggestion entries in each event. However, in case of an event having lesser than required minimum entries, the event can be conducted for the sake of University team selection but no awards/certificates will be given and no points to be given for the purpose of Championship.
- **4.2.7** In case of receiving the minimum of number of entries for an event, and at the time of actual conduct the minimum participants are not present, the event shall be conducted and awarded.
- **4.2.8** Only those eligible colleges which have sent their entries within the due date shall be considered for the competitions. Accepting or rejecting the late entries is left to the discretion of the tournament committee and the decission of the tournment committee is final.
- **4.2.9** Every team shall be accompanied by a full time staff member (preferably Physical Education Staff / Instructor) as its Manager. No team shall be allowed to participate in a tournament unless accompanied by a Manager as defined above.
- **4.2.10** List of players representing the team, duly signed by the head of the institution has to submit to the convener before playing the first match

4.3 Draws

Fixtures shall be drawn by lots in the presence 'Sports Calender/Draws' committee immediately after the closing dates of entries. The date of drawing fixtures shall be circulated by the chief co-ordinator of the event to all the concerned colleges well in advance (preferably in the initial circular itself) enabling the interested participating colleges to witness the proceedings at their own cost.

The following procedures shall be followed while drawing fixtures:

- **4.3.1** If the number of entries is 8 or less than 8, the draw shall be divided in two halves.
- **4.3.2** If the number of entries is more than 8 the draw shall be divided in to four quarters.
- **4.3.3** Previous years semi-finalists shall be so seeded that they join at the quarter final stage in the current years tournament. The previous years winners placed at the bottom most, the runner up at the top most of the draw and the loosing semi-finalists are cross-seeded.
- **4.3.4** Lots shall make the draw of the rest of the entries. And the colleges in 'Bye' shall be placed in such a manner that, as far as possible they do not play against each other in the first round.

4.4 Convener report / Account

- **4.4.1** Conveners have to send their report to the sports secretary and settle the account within 15 days of the completion of the competitions/tournaments. The conveners have to submit the following report to the secretary of sports council.
- **4.4.2** Results of the tournament/competition
 - -Winner, runner-up team and both losers of semifinal
- **4.4.3** Submit the expenditure account with proper vouchers to the Director of Finance through the sports secretary.
- 4.4.4 Report of the tournament.
- 4.4.5 Two copies of eligibility proforma which is submitted by the participating colleges.

General Rules

5.1 Conduct for the players

Whenever there is a match, the participating individual/team players have to report to the concerned officials thirty minutes earlier to the start of the match/competition. The individual/team which fails to report to the concerned officials in time will be liable for disqualification.

5.2 Documents

- 5.2.1 Every participating college, in the University selection trials shall furnish to the conveners in charge of the selection trials, the eligibility details along with identity card of the players on the prescribed proforma (page 24), without which such players shall not be considered for selection.
- **5.2.2** These documents shall reach the convener at least a day before the commencement of the respective trial matches. No, subsequent changes/additions/replacements shall be allowed in the list of players once submitted to the organizing college.
- **5.2.3** If the list in the eligibility document of the participating team contains more number of players than the maximum number permissible under the rule, such a team shall not be allowed to participate in the tournament.

5.3 Identification documents (ID)/Identity Card.

- **5.3.1** Each member of a team participating in inter-collegiate tournaments shall carry identity card, which shall bear the following:
- **5.3.2** Photograph of the player and his/her signature.
- **5.3.3** Attestation on the photograph under seal by the Head of the Institution concerned.

- **5.3.4** The ID should also contain full name, date of birth and class in which studying, class and date of first admission to the college.
- 5.3.5 A team not carrying ID as defined in the rules shall not be allowed to participate in the concerned tournament. The convenors shall not accept any ID bearing unauthorized over writing as valid.
- **5.3.6** All the teams shall report to the conveners of the tournament on the previous day of their match in order to enable the convenors to brief the participating teams regarding the rules and regulations of the game in case there are any changes or modifications.

5.4 Umpires/Officials/Referees

- 5.4.1 The convenor college shall be responsible for selecting competent Umpires/ officials whose decision on all points of play shall be final and binding. As far as the game is concerned the decision of the referee will be final, the panel of umpires/ officials shall be drawn up by the convenors well in advance. A clinic for the officials shall be organized a day prior to the competition in order to keep them well informed with the rules and regulations of the games and sports.
- **5.4.2** The umpires/officials/referees are eligible for official allowances as per the details in clause in page no.16 of this handbook.

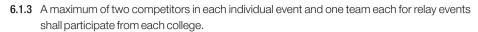
5.5 Discipline

- 5.5.1 Any violation of the rules and regulations either by an individual or by the team shall be made liable for disciplinary action. The Tournament committee (Jury of appeal) incharge of the tournament shall decide on the nature of action to be taken after due enquiry. The Secretary Sports Council/Sports co-ordinator of Manipal University shall communicate the decision of the committee to the head of the concerned college for necessary action in the matter.
- **5.5.2** The decision of the Jury of appeal pertaining to that particular tournament shall be final and binding in all cases of disputes if any.

6 Rules for the conduct of games & sports

6.1 Athletics (Men & Women)

- **6.1.1** The competition shall be conducted according to the latest rules and regulations as adopted by ATHLETIC FEDERATION OF INDIA, unless and otherwise modified fully/partially and specified.
- **6.1.2** The copy of the latest applicable rules for the tournament will be available for reference, with the Secretary, Sports Council and with all the Director of Physical Education/Sports Advisors and will be issued by the convenors to all the colleges with the circular inviting entries.



- **6.1.4** No competitor shall participate in more than 5 events excluding relay.
- **6.1.5** The names of the reserves two per event and two for relay race shall be entered in the official detailed entry form for consideration at the time of substitution.
- **6.1.6** The competition shall be conducted over a period of two days.

6.1.7 EVENTS

- **6.1.7.1 Mens Section:** 100 mts., 200 mts., 400 mts., 800 mts., 1500 mts., 5000 mts., Shot Put, Discuss Throw, Javalion, Long Jump, High Jump, Triple Jump, 4x100 mts. Relay, 4x400 mts. Relay.
- **6.1.7.2 Womens Section:** 100 mts., 200 mts., 400 mts., 800 mts., 1500 mts., 3000 mts., Long Jump, High Jump, Triple Jump, Javelion Throw, Discus Throw, Shot Put, 4x100 mts. Relay, 4x400 mts. Relay.

6.2 Badminton (Men & Women)

- **6.2.1** The tournament shall be conducted under the latest rules adopted by the Badminton Association of India unless otherwise modified fully/partially and specified.
- **6.2.2** The copy of the latest applicable rules for the tournament will be available for reference with the Secretary, Sports Council and with all the Directors of Physical Education/Sports Advisors and will be issued by the conveners to all the colleges with the circular inviting entries.
- **6.2.3** The tournament for men and women section shall be conducted according to the following patterns.

6.2.3.1 MEN: THREE SINGLES AND TWO DOUBLES:

ORDER OF EVENT: FIRST SINGLES

SECOND SINGLES FIRST DOUBLES THIRD SINGLES

SECOND DOUBLES

6.2.3.2 WOMEN: TWO SINGLES AND ONE DOUBLES:

FIRST SINGLES
FIRST DOUBLES

SECOND SINGLES

- **6.2.4** The result of the match can be declared when either of the competing teams win 3 matches for men and 2 matches for women section.
- **6.2.5** The college participating in the tournament shall bear its own share of the cost of the shuttle cocks for each match. The quality and make of the shuttle cocks shall be decided by the organizing college (convenor).





- **6.2.6** The number of players representing a college in a team shall not be less than 4 and not more than 6 for men and not less than 2 and not more than 4 for women.
- 6.2.7 The tournament shall be played on knock out basis.

6.3 Basket Ball (Men & Women)

- **6.3.1** The tournament shall be conducted according to the latest rules adopted by the BASKET BALL FEDERATION OF INDIA, unless otherwise modified fully/partially and specified.
- **6.3.2** The copy of the latest applicable rules for the tournament will be available for reference with the Secretary, Sports Council and with all the Directors of Physical Education/Sports Advisors and will be issued by the convenors to all the colleges with the circular inviting entries.
- 6.3.3 The number of players shall not be more than 12.
- **6.3.4** Team can play maximum 2 matches in a day. Rest should be 6 hours between the 1st match and 2nd match.
- 6.3.5 The tournament shall be played on knock out basis

6.4 Chess: (Common for Men and Women)

- **6.4.1** Rules of the Chess federation of India shall be followed, unless otherwise modified fully/partially and specified.
- **6.4.2** The tournament will be common for men and women.
- **6.4.3** The copy of the latest applicable rules for the tournament will be available for reference with the Secretary, Sports Council and with all the Physical Directors/Sports Advisors and will be issued by the convenors to all the colleges with the circular inviting entries.
- 6.4.4 The tournament will be played according to the SWISS METHOD. (minimum five rounds).
- **6.4.5** The chess clocks shall be used.
- **6.4.6** A team may consists of a maximum of six players but only four players shall be allowed to participate, each playing against the other of the same status in order of ranking.
- **6.4.7** Each college shall clearly state the ranking order of its members of the team while sending the entry. The reserves shall be ranked at the bottom.
- **6.4.8** In the event of inability of a playing member to participate, the ranking order shall be changed in such a way that only the player following him in the ladder takes his place and so on. No player shall be replaced during the course of the tournament.
- **6.4.9** A player winning against the opponent shall score ONE POINT, Losing shall score no POINT. Both the players in a drawn game shall score 1/2 point each.



- **6.5.1** All the matches shall be played as per the rules enforced by the Board of Control for cricket in India from time to time unless and otherwise modified fully/partially and specified.
- **6.5.2** The copy of the latest applicable rules for the tournament will be available for reference of the Secretary, Sports Council and with all the Directors of Physical Education/Sports Advisors and will be issued by the conveners to all the colleges with the circular inviting entries.
- **6.5.3** All the matches shall be played on 50 over basis on a single day of 6 hour as follows:

Morning session : 9.30 am to 12.30 pm Lunch break noon session : 12.30 pm to 1.15 pm Afternoon session : 1.15 pm to 4.15 pm

NB: Two drink breaks per session shall be permitted after one hour play.

- 6.5.4 Matches will be played on limited over basis and knock out.
- 6.5.5 Only ball of approved brand by the Convenors of the match shall be used
- 6.5.6 Lost time due to late start or bad weather should be adjusted in a manner that each side is allowed to complete 25 overs unless the opposing team is dismissed earlier.
- **6.5.7** Full mat / turf pitch shall be used for each match.
- **6.5.8** The boundary line shall be at least 60 yards.
- 6.5.9 A team consisting of maximum 16 players.

6.6 Cross Country Races (Men and Women)

- **6.6.1** The championship shall be conducted according to the rules as adopted by the Amateur Athletic Federation of India.
- **6.6.2** The distance for men section shall be 12.5 kml and women section 5 kml.
- **6.6.3** Any number of men and women entries shall be allowed and all of them shall be permitted to run, for calculation the championship however, only first 6 for men and first 4 for women shall be counted.
- **6.6.4** Individual entries shall be permitted
- **6.6.5** The organizing college shall show the route to the athletes at a day before for all races held outside the stadium.
- **6.6.5.1** For deciding the team championship, points shall be awarded to the competitors up to 6th position for men section and 4th position for women section in the following order:

1st position - one point

2nd position - two points

3rd position - three points and so on.



- **6.6.5.2** The college winning the minimum number of points shall be declared as Champion.
- **6.6.5.3** In case of 'Tie', the college whose last runner is closer to the first runner shall be declared a champion.
- **6.6.6** The tournament will be completed within two days time.

6.7 Foot Ball (Men)

- **6.7.1** Matches shall be played according to the rules in force as adopted by the All India FOOT BALL Federation unless otherwise modified fully/partially and specified.
- **6.7.2** The copy of the latest applicable rules for the tournament will be available for reference with the Secretary, Sports Council and with all the Directors of Physical Education/Sports Advisors and will be issued by the convenors to all the colleges with the circular inviting entries.
- 6.7.3 Tournament will be played on knock out basis.
- **6.7.4** The duration of the match shall be 35 minutes each half, with an interval of 10 minutes (35-10-35).
- **6.7.5** A team consisting of maximum 16 players.

6.8 Hockey (Men)

- **6.8.1** Matches shall be played according to the rules as adopted by the Indian Hockey Federation, unless otherwise modified fully/partially and specified.
- **6.8.2** The copy of the latest applicable rules for the tournament will be available for reference with the Secretary, Sports Council and with all the Directors of Physical Education/Sports Advisors and will be issued by the conveners to all the colleges with the circular inviting entries.
- **6.8.3** The duration of the match shall be 35 minutes each half with an interval of 10 minutes, (35-10-35) for men.
- **6.8.4** Tournament will be played on knock out basis.
- **6.8.5** A team consisting of maximum number of player is 16.

6.9 Swimming (Men and Women)

- **6.9.1** The tournament shall be conducted as per the rules adopted by the Swimming Federation of India unless otherwise modified fully/partially and specified.
- **6.9.2** The copy of the latest applicable rules for the tournament will be available for reference with the Secretary, Sports Council and with all the Directors of Physical Education/Sports Advisors and will be issued by the conveners to all the colleges with the circular inviting entries.
- **6.9.3** Each college shall be permitted to enter not more than 3 swimmers for each individual event under each category (men and Women) and one team for each relay event.

- **6.9.4** There shall be two reserves allowed for any of the individual event and two reserves are allowed for each relay event.
- **6.9.5** The composition of a relay team may be changed between heats and finals of that event.
- **6.9.6** The names of the swimmers actually swimming on a relay must be submitted in the order in which they are to swim at least one hour before the start of the session in which the event is to take place, In medley relay, the names must be submitted as per their respective strokes.
- **6.9.7** The competition shall be conducted over a period of two days. The heats shall be conducted in the morning session and the finals of these events should be finished in the evening session on the same day.

6.9.8 SWIMMING EVENTS

Swimming: the tournament shall be conducted in the following events indicated for men and women.

Free style 50, 100, 200, 400, 800,(w) 1500,(m) Mtrs.

Back stroke 50, 100 Mtrs.
Breast Stroke 50, 100 Mtrs.
Butter Fly 50, 100 Mtrs.
Ind. Medley 200, 400 Mtrs.
Medley relay 4 X 100 Mtrs.
Free Style relay 4 X 50 Mtrs.

6.10 Table Tennis (Men & Women)

- **6.10.1** The latest rules as adopted by the TABLE TENNIS FEDERATION OF INDIA shall apply unless otherwise modified fully/partially and specified.
- **6.10.2** The copy of the latest applicable rules for the tournament will be available for reference with the Secretary, Sports Council and with all the Physical Directors/Sports Advisors and will be issued by the convenors to all the colleges with the circular inviting entries.
- **6.10.3** The tournament shall be played on Swathing Cup lines. The order of the play shall be as follows:

1st match A v/s X

2nd match B v/s Y

3rd match C v/s Z

4th match A v/s Y

5th match B v/s X

- **6.10.4** The result of the match shall be declared when either team wins 3 matches.
- 6.10.5 The number of players representing a college shall not be less than three or more than five.
- **6.10.6** The quality and make of the ball shall be decided by the convenor.
- 6.10.7 The tournament shall be played on knock out basis.

6.11 Tennis (Men & Women)

- **6.11.1** The latest rules as adopted by the ALL INDIA LAWN TENNIS ASSOCIATION (AILTA) shall apply, unless otherwise modified fully/partially and specified.
- **6.11.2** The copy of the latest applicable rules for the tournament will be available for reference with the Secretary, Sports Council and with all the Directors of Physical Education/Sports Advisors and will be issued by the conveners to all the colleges with the circular inviting entries.
- 6.11.3 The tournament shall be played on DAVIS CUP LINES. i.e. each rubber consisting of one doubles match and four singles (only two players representing each college in singles, but making a total of four matches by playing against each player in turn). Each match shall be played as the best of three sets. The first two singles and the doubles match should be played. If need be the reverse singles are to be played.
- **6.11.4** Where the two single players on one side are numbered A, B and the single players on the other side are numbered X, Y the order of a play in a tie shall be (AB & XY determined by lots):

1st SINGLES - A v/s Y

2nd SINGLES - B v/s X

3rd DOUBLES

4th SINGLES - A v/s X

5th SINGLES - B v/s Y

- **6.11.5** The result of the match shall be declared when either team wins 3 matches.
- **6.11.6** The number of players representing a college shall not be less than two and not more than four.
- **6.11.7** The tournament will be played on knock out basis.
- 6.12 Throw Ball (Women)
- **6.12.1** Matches will be played according to the latest rules and regulations of the Asian Throw Ball Federation unless otherwise modified.
- 6.12.2 The copy of the latest rules and regulations for the tournaments will be available for reference with the secretary of the sports council, all the Directors of Physical Education and Sports advisors. It will be circulated to all the colleges by the convener along with inviting entries for the tournament.
- **6.12.3** The tournament will be played on knock out basis.
- 6.12.4 A team consisting of maximum number of players is 10.
- 6.13 Volley Ball (Men & Women)



- **6.13.1** The latest rules as adopted by the Volley Ball Federation of India shall be followed unless otherwise modified fully/partially and specified.
- **6.13.2** The copy of the latest applicable rules for the tournament will be available for reference with the Secretary, Sports Council and with all the Directors of Physical Education/Sports Advisors and will be issued by the convenors to all the colleges with the circular inviting entries.
- **6.13.3** A team shall consist of a maximum of 12 players.
- **6.13.4** The tournament will be played on knock out basis.

7 Sports Uniforms

- **7.1** The teams participating in the Inter-Collegiate Competitions/Tournaments shall wear uniforms of their respective college allotted colors. In case of clash of colors between two teams, it shall be decided by the spin of the coin as to which team will wear the playing uniform other than its own colours.
- **7.2** The head of the respective college will be responsible for choosig the colour of a uniform for that particular college and the choice of the colour will be placed before the sports council at the time of sports council meeting for final approval.
- **7.3** Sports council will also choose and approve an appropriate colour to be provided to the University Team members.

8 Postponements

- **8.1** Under no circumstances, the tournament/competition shall be postponed except under valid reasons such as bad weather, heavy rains, failure of light, riots, mourning etc. A match abandoned owing to deliberate disruption such as invasion of the ground by the crowd/players, shall be resumed from the point where it was abandoned, the old score remaining intact OR as per rules and regulations of particular game. If for any reasons the finals could not be played, the winners shall be decided by the spin of the coin.
- **8.2** No team should claim a "Walk-over Victory" as a matter of right. In the event of a team failing to report for the match on time, the conveners may decide on the merit of the case and instruct the officials to award a walk-over victory to the team which reports for the match when its opponents fail to turn up.

9 Protests

Protests are normally discouraged. Protests on the decision of the officials shall not be entertained. However protests on a point of rule or in connection with the tournament shall be submitted in writing by the Manager of the team to the convener of the tournament and it should reach him along with a protest fee Rs. 500.00 (Rupees Five Hundred only) within an hour of the conclusion of the match. The protest fee shall be forfeited if the protest is not upheld.

The protest shall be considered by the tournament committee (Jury of Appeal) which is in-charge of the particular tournament and the decision by the committee will be binding and final.

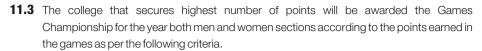
10 Facilities, Equipments & Allowances

- **10.1** The organizing colleges should provide free, neat and safe clean lodging facilities adequately equipped with toilet facilities, drinking water and light to the out station teams.
- **10.2** If the place of accommodation is far away from the playing field, the teams must be informed accordingly well in advance.
- **10.3** The T.A. & D.A. and playing equipments required for teams have to be provided by the concerned colleges (Participating colleges) as per university guidelines.
- **10.4** Each team is expected to bring its own playing kit/materials conforming to the rules and regulations of the game.
- **10.5** T.A./D.A. for officials of the tournament will be given as per University Policy. Any deviation from university rules will be permitted with special approval from secretary of sports council.

11 Awards for MU Inter-collegiate Tournaments

Games

- **11.1** The Winning team in each game will be definitely awarded a certificate and a trophy for that particular year.
- 11.2 Merit certificates will be awarded to the members of the Winning and Runner-up teams.



11.3.1 Points

WINNERS : 10 pointsRUNNER-UP : 06 points

NOTE: In case if a tie, occurs, points earned as winners will be counted for both winners. If the tie still continues, it may be decided by the points secured as Runners; the college which secures maximum points will be awarded 'Best Sporting College' of the Manipal University along with a trophy.

- **11.4** Certificates and medals will be awarded to the winners of first 3 places in all individual events. (Athletic and Swimming) For Cross Country Race, certificates and medals will be awarded to the winners of first six places.
- **11.5** An Athletic/Swimming competitor who secures the highest number of points is eligible for "INDIVIDUAL BEST ATHLETE/SWIMMER award in Men and Women section separately

Team Championship for MU Inter-collegiate Tournaments

12.1 The institution that gets the highest number of points separately for men and women events will be awarded the INTER-COLLEGIATE ATHLETIC / SWIMMING CHAMPIONSHIP AWARD SEPARATELY for men & women.

Points for individual events Athletics/Swimming

1st Place: 05 Points 2nd Place: 03 Points 3rd Place: 01 Point

Points for team events (Relay) Athletics/Swimming

1st Place: 10 Points 2nd Place: 06 Points 3rd Place: 04 Points

NOTE: While declaring individual Best Athlete and team championship, the points earned for first places will be considered for breaking the tie.



12.2 Overall Championship

The institution that gets the highest number of points in games will be awarded the Overall Championship. It will be distributed during the annual sports day of the university.

Eligibility rules for inter-university Tournments and Proforma

- **13.1** The latest rules adapted by AIU shall apply.
- **13.2** There will be qualified standard for university team selection in Athletics & Swimming. (4th place of All India inter university competition)
- **13.3** For Eligibility Proforma, refer Page 24.

14 Inter-University Tournament

- **14.1** The convener college will consititute a committee for the university team for the particular team. The committe is as follows:
 - Chairman
- An external expert in the respective field to be appointed by the university sports council
- Member
- Director of Physical Education of all the Manipal University Colleges.
- Team Manager First convener of the tournament
 - If convener is unable to accompany the team, coordinator/selector will appoint an able person
- **14.2** Selection committee will also recommend or otherwise whether the team is of a good standard for participating in Inter-university tournment.
- **14.3** Minimum ten days coaching camp. Before the inter university competition.
- **14.4** Players/Manager/Coach TA and DA will be as per university rules.
- **14.5** Players/Coach/Manager will be provided university colours i.e. T-Shirt and Short every year. Track suit for every two years.

A

15.1 Committee

Dean / Director / Principal (Chairman)

Sports Advisor (Vice-Chairman)

Director of Physical Education (Secretary)

Asst Director of Physical Education (Member)

Swimming Coach (Member)

President (Student Council) (Member)

Sports Secretary (Student Council) (Member)

Class representative (Member)

15.2 Activities

- Inter class Competition.
- Team Selection for Manipal University Inter Collegiate tournament.
- College Annual Sports Meet.
- Organize Manipal University Inter Collegiate tournament & Staff tournament.
- · Arrangement for coaching camp.
- · Conducting fitness class.
- Arranging friendly matches between students & staff/College/ outside.
- Organizing local meets with the consent of the higher Authorities.

16 / MU Staff Tournments

16.1 Events

- a Athletics (Men & Women)
- b Chess (Men & Women)
- c Cricket (Men) (Hard Ball & Tennis Ball)
- d Carrom (Men & Women)
- e Badminton (Men & Women)
- f Table Tennis (Men & Women)
- g Swimming (Men & Women)
- h Volley Ball (Men & Women)
- i Tennis (Men)
- j Throw Ball (Women)

Staff of all teaching and non-teaching institutions including the university employees, employees of outsourced service providers working in the Manipal University institutions shall be eligible to participate.



Athletic Records as in 2008

Girls Section

Event	Name & College	Performance	Held at	Year
100 Mtrs	Ashwini, MCONS, Manipal	14.50 sec	MIT, Manipal	2008
200 Mtrs	Ashwini, MCONS, Manipal	31.40 sec	MIT, Manipal	2008
400 Mtrs	Prathima, MCONS, Manipal	1:14.4 sec	MIT, Manipal	2008
800 Mtrs	Swaranashri, MCONS, Manipal	2:56.1 sec	MIT, Manipal	2008
1500 Mtrs	Swaranashri, MCONS, Manipal	6:22.3 sec	MIT, Manipal	2008
3000 Mtrs	Swaranashri, MCONS, Manipal	14:16.6 sec	MIT, Manipal	2008
High-Jump	Shirely D'Souza, MIM, Manipal	1.25 mtrs	MIT, Manipal	2003
Long-Jump	Kelly, MCOAHS, Manipal	4.06 mtrs	MIT, Manipal	2006
Triple jump	Kelly, MCOAHS, Manipal	8.05 mtrs	KMC, M'lore	2007
Shot-Put	Clea Shamira D'Souza, MIM, Manipal	8.67 mtrs	KMC, Manipal	2005
Discus-Throw	Clea Sharmira D'Souza, MIM, Manipal	29.53 mtrs	KMC, Manipal	2005
Javelin-Throw	Sasha Weerasingha, KMC, Manipal	33.00 mtrs	KMC, Manipal	2005
4 x 100 Relay	MCONS, Manipal	1:01.0 sec	MIT, Manipal	2008
4 x 400 Relay	MCONS, Manipal	5:14.9 sec	MIT, Manipal	2008

Boys Section

Event	Name & College	Performance	Held at	Year
100 Mtrs	Nidhin Kurian, MIT, Manipal	11.50 sec	KMC, Manipal	2002
200 Mtrs	Shabin, MCOAHS, Manipal	24.21 sec	KMC, M'lore	2007
400 Mtrs	Varoon Shenoy, MIC, Manipal	55.05 sec	MIT, Manipal	2006
800 Mtrs	Amar Sunil Lobo, KMC, Mangalore	2:15.19 sec	KMC, Manipal	2002
1500 Mtrs	Srinivas Kishor, MIT, Manipal	4:51.46 sec	KMC, M'lore	2007
5000 Mtrs	Srinivas Kishor, MIT, Manipal	19:31.6 sec	MIT, Manipal	2008
High –Jump	Arjun Narayan, MIT, Manipal	1.77 mtrs	MIT, Manipal	2008
	Midhun Vincent, MCON, Mangalore	1.77 mtrs	MIT, Manipal	2008
Long-Jump	Kiran Anand, MIT, Manipal	6.14 mtrs	KMC, Manipal	2002
Triple Jump	Sudarshan Rai, MIT, Manipal	12.90 mtrs	MIT, Manipal	2008
	Abhineet, MIT, Manipal	12.58 mtr	MIT, Manipal	2003
Shot-Put	Durga Prasad Shetty, MIT, Manipal	11.45 mtrs	KMC, M'lore	2007
Discus-Throw	Rahul Kotian, MCOAHS, Manipal	32.34 mtrs	MIT, Manipal	2008
Javelin-Throw	Yogesh, MCIS, Manipal	57.65 mtrs	KMC, Mlore	2007
4 X 100 Relay	MIT, Manipal	48.6 sec	MIT, Manipal	2003
4 x 400 Relay	Sushanth, Pandey, Abhay Rastogi,			
	Sumith Vikram Singh, MIT, Manipal	3:55.5 sec	MIT, Manipal	2003

Athletic Records

Girls Section

Boys Section



Swimming Records as in 2008

Men Section

SI.No.	Events	Name & College	Performance	Year
01	50 mtrs – Free style	Premjit Sujir, KMC, Manipal	27.07 sec	2002
02	50 mtrs – Back stroke	Pinak B., MIT, Manipal	33.22 sec	2008
03	50 mtrs – Breast stroke	Ng Sau Yee, MMMC, Manipal	33.56 sec	2003
04	50 mtrs – Butterfly stroke	Vishwanath Tomar, MIT, Manipal	30.32 sec	2007
05	100 mtrs – Free style	Abhay Shripuri, KMC, Manipal	1:01.03 sec	2008
06	100 mtrs – Back stroke	Vishwanath Tomar, MIT, Manipal	1:17.06 sec	2007
07	100 mtrs – Breast stroke	Naveen Patil, KMC, Mangalore	1:21.00 sec	2000
08	100 mtrs – Butterfly stroke	Vishwanath Tomar, MIT, Manipal	1:10.19 sec	2008
09	200 mtrs – Free style	Vishwanath Tomar, MIT, Manipal	2:22.85 sec	2008
10	200 mtrs – Back stroke	Dilip Coelho, MIT, Manipal	2:52.14 sec	2002
11	200 mtrs – Breast stroke	Ng Sau Yee, MMMC, Manipal	2:58.49 sec	2003
12	200 mtrs – Butterfly stroke	Neeraj Bali, MCODS, Manipal	3:02.68 sec	2005
13	400 mtrs – Free style	Vishwanath Tomar, MIT, Manipal	4:28.41 sec	2007
14	400 mtrs – Individual medlay	Neeraj Bali, MCODS, Manipal	6:23.50 sec	2006
15	200 mtrs - Ind. Medlay	Vishwanath Tomar, MIT, Manipal	2:46.62 sec	2007
16	1500 mtrs – Free style	Hemanth Kumar, KMC, M'lore	22:39:78 sec	2007
17	4 x 50 mtrs – Medlay relay	MIT, Manipal	2:16.55 sec	2008
18	4 x 50 mtrs – Free style	KMC, Mangalore	2:08.00 sec	2000
19	50 mtrs Ind. Medlay	Naveen Patil, KMC, Mangalore	2:54.00 sec	2006
20	4 x 100 mtrs Medlay relay	KMC, Mangalore	5:27.54 sec	2006
21	4 x 100 mtrs Free style	MIT, Manipal	4:32.54 sec	2008

Women Section

SI.No.	Events	Name & College	Performance	Year
01	50 mtrs - Free style	Roshni Prabhu, KMC, M'Iore	31.32 sec	2000
02	50 mtrs - Back stroke	Naomi John Faray, MMMC, Mpl	37.85 sec	2008
03	50 mtrs - Breast stroke	Neha Chandel, MIT, Manipal	1:38:79 sec	2006
04	50 mtrs -Butterfly stroke	Roshni Prabhu, KMC, M'Iore	35.65 sec	2002
05	100 mtrs – Free style	Naomi John Faray, MMMC, Mpl	1:14.75 sec	2007
06	100 mtrs - Back stroke	Naomi John Faray, MMMC, Mpl	1:24.12 sec	2008
07	100 mtrs – Breast stroke	Naomi John Faray, MMMC, Mpl	1:32.69 sec	2008
08	100 mtrs – Butterfly stroke	Roshni Prabhu, KMC, M'Iore	1:24.00 sec	2002
09	200 mtrs – Free style	Naomi John Faray, MMMC, Mpl	2:39.34 sec	2008
10	200 mtrs – Back stroke	Roshni Prabhu, KMC, M'Iore	3:14.98 sec	2003
11	200 mtrs – Breast stroke	Roshni Prabhu, KMC, M'Iore	3:35.56 sec	2003
12	200 mtrs – Butterfly stroke	Neha Chandel, MIT, Manipal	4:16.50 sec	2005
13	200 mtrs – Free style	Naomi John Faray, MMMC, Mpl	3:05.06 sec	2007
14	400 mtrs - Free style	MMMC, Manipal	5:56.88 sec	2008
14	400 mtrs – Individual Medlay	Naomi John Faray, MMMC, Mpl	5:57.75 sec	2007
15	800 mtrs – Free style	Roshni Prabhu, KMC, M'Iore	12:15.31 sec	2002
16	4 x 50 Medlay relay	KMC, Mangalore	3:10.69 sec	2003
17	4 x 100 mtrs Free style	KMC, Mangalore	6:17.32 sec.	2006
18	4 x 50 mtrs - Free style	KMC, Mangalore	2:52.29 sec	2003
19	4 x 100 mtrs Medlay relay	MIT, Manipal	3:40.47 sec	2002

Swimming Records Men Section Women Section









Manipal University, Manipal Eligibility Proforma

Name of the college_

Manipal University inter-collegiate tournament/selection trail as in

	No. of years of previous participation while persuing Graduate/PG course		14								
	Duration of Present course		13								
	of n to	Present class	12								
	Date of year of First Admission to	Present course	7								
	Da First	University Present Present course class	10								
	Name of the present	course	6								
	College Roll No.		80								
	Date of year of passing qualifying Class in Examination for which 1st Adm. to Unit studying R	S S S S S S S S S S S S S S S S S S S	7								
	year of qualifying ation for to Uni.	Exam Year	9								
	Date of passing caming Examina 1st Adm	Exam	2								
	Date of birth		4								
)	Father's Name		က								
,	Name		2								
•	Si. No.		-								

Certified that the above particulars are true as per the records of the College Certified that the above players are not employed on full time basis.

Place Date

Directory of Physical Education

Principal/Dean/Director

