



# KASTURBA MEDICAL COLLEGE MANIPAL

*A constituent unit of MAHE, Manipal*

## I MBBS Foundation Course - Program Schedule

### Batch 2019- 2020

| Date                    | Day      | 8.30 am to 9.30 am   | 9.30am to 10.30 am                        | T<br>e<br>a<br><br>b<br>r<br>e<br>a<br>k | 11 am to 1.00 pm  | L<br>u<br>n<br>c<br>h | 2.00 pm to 3.00 pm  | 3.00 pm to 4.00 pm | 4.00 pm to 5.00 pm |
|-------------------------|----------|--|---|--|---|-----------------------|---|--------------------|--------------------|
| 1/8/2019                | Thursday | Inauguration: MedOrient 2019   |   |  |   | Meeting with Mentors  |   |                    |                    |
| 2/8/2019                | Friday   | Introduction : CBME and MBBS program<br>( S/N 1 to 250 )<br>*S/N : serial number   | Introduction : AETCOM<br>( S/N 1 to 250 ) |  | Campus tour<br><br>( MARENA, sports facilities, Lecture complex , library, experience theatre , anatomy museum )                                  |                       | Campus tour continue...   |                    |                    |
| H3/8/2019               | Saturday | <ul style="list-style-type: none"> <li>Why do I want to become a doctor?<br/>( S/N 1 to 125 )</li> <li>Group dynamics<br/>( S/N 126 to 250 )</li> </ul>              |   |  | Hospital visits and Basic Science departments visits  |                       | Meet and Greet/ Leisure time  |                    |                    |
| <b>4/8/2019: Sunday</b> |          |  |   |  |   |                       |   |                    |                    |
| 5/8/2019                | Monday   | <ul style="list-style-type: none"> <li>Group dynamics<br/>( Registration no. 1 to 125 )</li> <li>Why do I want to become a doctor?<br/>( S/N 126 to 250 )</li> </ul> |   |  | <ul style="list-style-type: none"> <li>Gender Sensitivity<br/><br/>( S/N 1 to 125 )</li> <li>Build your stamina<br/>( S/N 126 to 250 )</li> </ul> |                       | <ul style="list-style-type: none"> <li>Gender Sensitivity<br/>( S/N 126 to 250 )</li> <li>Build your stamina<br/><br/>( S/N 1 to 125 )</li> </ul> |                    |                    |

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|-------------|------------|---|--|---|---|--|--|-------------------------------------|---------------------------|
| 6/8/2019    | Tuesday    | <ul style="list-style-type: none"> <li>What kind of a learner are you?</li> </ul> ( S/N 1 to 125 )<br><ul style="list-style-type: none"> <li>Be Safe!</li> </ul> ( S/N 126 to 250 ) |  | Talk from student council - Peer mentors (How we learn medicine: Experience Sharing ) ( S/N 1 to 250)   |   | Being a Doctor ( S/N 1 to 250)   | Doctor as a researcher ( S/N 1 to 250)   | History of Medicine ( S/N 1 to 250) |                           |
| 7/8/2019    | Wednesday  | <ul style="list-style-type: none"> <li>Be Safe!</li> </ul> ( S/N 1 to 125 )<br><ul style="list-style-type: none"> <li>What kind of a learner are you?</li> </ul> ( S/N 126 to 250 ) |  | <ul style="list-style-type: none"> <li>3 D (Dream , Desire &amp; Destiny)</li> </ul> ( S/N 1 to 125 )<br><ul style="list-style-type: none"> <li>Stress management</li> </ul> ( S/N 126 to 250 ) |   | <ul style="list-style-type: none"> <li>Language Enhancement Program</li> <li>Computer skills</li> </ul> (Need based assessment and Intro ) ( S/N 1 to 250) |  |                                     |                           |
| <b>Date</b> | <b>Day</b> | <b>8.30 am to 9.30 am</b>   | <b>9.30am to 10.30 am</b>  | <b>Tea break</b>  | <b>11 am to 1.00 pm</b>   | <b>Lunch</b>   | <b>2.00 pm to 3.00 pm</b>  | <b>3.00 pm to 4.00 pm</b>           | <b>4.00 pm to 5.00 pm</b> |
| 8/8/2019    | Thursday   | -Health care system and its delivery<br>( S/N 1 to 125 )<br>- Introduction to alternate healthcare system in the country<br>( S/N 126 to 250 )                                      | -Drug awareness ( S/N 1 to 125 )<br>-Patient safety& Biohazard safety ( S/N 126 to 250 ) |   | <ul style="list-style-type: none"> <li>3 D (Dream , Desire &amp; Destiny)</li> </ul> ( S/N 126 to 250 )<br><ul style="list-style-type: none"> <li>Stress management</li> </ul> ( S/N 1 to 125 ) |  | <ul style="list-style-type: none"> <li>Language enhancement program ( S/N 1 to 125 )</li> <li>Computer skills ( S/N 126 to 250)</li> </ul> |                                     |                           |
| 9/8/2019    | Friday     | -Health care system and its delivery<br>( S/N 126 to 250 )<br>- Introduction to alternate healthcare system in the country<br>( S/N 1 to 125 )                                      | Drug awareness ( S/N 126 to 250 )<br>-Patient safety& Biohazard safety ( S/N 1 to 126 )  |   | <ul style="list-style-type: none"> <li>Medical ethics</li> </ul> ( S/N 1 to 125 )<br><ul style="list-style-type: none"> <li>Time management</li> </ul> ( S/N 126 to 250 )                       |  | <ul style="list-style-type: none"> <li>Language enhancement program ( S/N 126 to 250)</li> <li>Computer skills ( S/N 1 to 125)</li> </ul>  |                                     |                           |
| 10/8/2019   | Saturday   | Field visits to community health centers  |  |   |   |  | ECA  |                                     |                           |

**11/8/2019 Sunday**

**12/8/2019 Student holiday**

|           |        |  |  |  |   |  |   |
|-----------|--------|--|--|--|---|--|---|
| 13/8/2019 | Monday | <ul style="list-style-type: none"> <li>Universal precautions and vaccinations<br/>( S/N 1 to 125)</li> <li>National health health priorities and policies<br/>( S/N 126 to 250)</li> </ul> | <ul style="list-style-type: none"> <li>- Documentation and the medical record<br/>( S/N 1 to 125)</li> <li>- Waste management<br/>( S/N 126 to 250)</li> </ul> |  | <ul style="list-style-type: none"> <li>Medical ethics ( S/N 126 to 250)</li> <li>Time management ( S/N 1 to 125)</li> </ul> |  | <ul style="list-style-type: none"> <li>Language enhancement program ( S/N 1 to 125)</li> <li>Computer skills ( S/N 126 to 250)</li> </ul> |
|-----------|--------|--|--|--|---|--|---|

|             |            |                           |                           |   |                         |                                  |                           |                           |                           |
|-------------|------------|---------------------------|---------------------------|---|-------------------------|----------------------------------|---------------------------|---------------------------|---------------------------|
| <b>Date</b> | <b>Day</b> | <b>8.30 am to 9.30 am</b> | <b>9.30am to 10.30 am</b> | <b>T<br/>e<br/>a<br/>k<br/><br/>b<br/>r<br/>e<br/>a<br/>k</b> | <b>11 am to 1.00 pm</b> | <b>L<br/>u<br/>n<br/>c<br/>h</b> | <b>2.00 pm to 3.00 pm</b> | <b>3.00 pm to 4.00 pm</b> | <b>4.00 pm to 5.00 pm</b> |
|-------------|------------|---------------------------|---------------------------|---|-------------------------|----------------------------------|---------------------------|---------------------------|---------------------------|

|           |         |  |  |  |   |  |   |
|-----------|---------|--|--|--|---|--|---|
| 14/8/2019 | Tuesday | <ul style="list-style-type: none"> <li>Universal precautions and vaccinations<br/>( S/N 126 to 250)</li> <li>National health health priorities and policies<br/>( S/N 1 to 125)</li> </ul> | <ul style="list-style-type: none"> <li>- Documentation and the medical record<br/>( S/N 126 to 250)</li> <li>- Waste management<br/>( S/N 1 to 126)</li> </ul> |  | <ul style="list-style-type: none"> <li>Intro to BLS &amp; first Aid ( S/N 1 to 125)</li> <li>Interpersonal relationships ( S/N 126 to 250)</li> </ul> |  | <ul style="list-style-type: none"> <li>Language enhancement program ( S/N 126 to 250)</li> <li>Computer skills ( S/N 1 to 125)</li> </ul> |
|-----------|---------|--|--|--|---|--|---|

**15/8/2019 : Thursday – Independence Day**

|           |           |  |   |  |   |  |   |
|-----------|-----------|--|---|--|---|--|---|
| 16/8/2019 | Wednesday | <ul style="list-style-type: none"> <li>Drug awareness<br/>( S/N 1 to 125)</li> <li>International collaborations and opportunities<br/>( S/N 126 to 250)</li> </ul> | <ul style="list-style-type: none"> <li>•Drug awareness<br/>(S/N 126 to 250)</li> <li>•International collaborations and opportunities</li> </ul> |  | <ul style="list-style-type: none"> <li>Intro to BLS &amp; First Aid ( S/N 126 to 250)</li> <li>Interpersonal relationships ( S/N 1 to 125)</li> </ul> |  | <ul style="list-style-type: none"> <li>Language enhancement program ( S/N 1 to 125)</li> <li>Computer skills ( S/N 126 to 250)</li> </ul> |
|-----------|-----------|--|---|--|---|--|---|

|   |            |  |                           |  |   |                                     |                           |   |                           |  |  |
|---|------------|--|---------------------------|--|---|-------------------------------------|---------------------------|---|---------------------------|--|--|
|   |            |  | ( S/N 1 to 125)           |  |   |                                     |                           |   |                           |  |  |
| <b>17/8/2019 : Third Saturday – Holiday</b> |            |  |                           |  |   |                                     |                           |   |                           |  |  |
| <b>18/8/2019 : Sunday</b>                   |            |  |                           |  |   |                                     |                           |   |                           |  |  |
| 19/8/2019                                   | Monday     | <ul style="list-style-type: none"> <li>• BLS- Session ( S/N 1 to 60)</li> <li>• First Aid- Session ( S/N 61 to 121)</li> <li>• Shadowing the Doctor ( S/N 122 to 182)</li> <li>• AETCOM ( S/N 183 to 250)</li> </ul> |                           |  |   |                                     |                           |   |                           |  |  |
| 20/8/2019                                   | Tuesday    | <ul style="list-style-type: none"> <li>• BLS- Session ( S/N 183 to 250)</li> <li>• First Aid- Session ( S/N 1 to 60)</li> <li>• Shadowing the Doctor ( S/N 61 to 121)</li> <li>• AETCOM ( S/N 122 to 182)</li> </ul> |                           |  |   |                                     |                           |   |                           |  |  |
| 21/8/2019                                   | Wednesday  | <ul style="list-style-type: none"> <li>• BLS- Session ( S/N 122 to 182)</li> <li>• First Aid- Session ( S/N 183 to 250)</li> <li>• Shadowing the Doctor ( S/N 1 to 60)</li> <li>• AETCOM ( S/N 61 to 121)</li> </ul> |                           |  |   |                                     |                           |   |                           |  |  |
| <b>Date</b>                                 | <b>Day</b> | <b>8.30 am to 9.30 am</b>  | <b>9.30am to 10.30 am</b> | <b>T<br/>e<br/>a<br/>c<br/>h<br/>e<br/>r<br/>e<br/>a<br/>k</b> | <b>11 am to 1.00 pm</b>   | <b>L<br/>u<br/>n<br/>c<br/>h</b>    | <b>2.00 pm to 3.00 pm</b> | <b>3.00 pm to 4.00 pm</b>   | <b>4.00 pm to 5.00 pm</b> |  |  |
| 22/8/2019                                   | Thursday   | <ul style="list-style-type: none"> <li>• BLS- Session ( S/N 61 to 121)</li> <li>• First Aid- Session ( S/N 122 to 182)</li> <li>• Shadowing the Doctor ( S/N 183 to 250)</li> <li>• AETCOM ( S/N 1 to 60)</li> </ul> |                           |  |   |                                     |                           |   |                           |  |  |
| 23/8/2019                                   | Friday     | <ul style="list-style-type: none"> <li>• Language enhancement program ( S/N 126 to 250)</li> <li>• Computer skills ( S/N 1 to 125)</li> </ul>  |                           |  |   | Sports                              |                           |   |                           |  |  |
| 24/8/2019                                   | Saturday   | Field visits to community health centers   |                           |  |   | SDL ( Reflections on field visits ) |                           |   |                           |  |  |
| <b>25/8/2019 : Sunday</b>                   |            |  |                           |  |   |                                     |                           |   |                           |  |  |
| 26/8/2019                                   | Monday     | <ul style="list-style-type: none"> <li>• Patient safety &amp; Biohazard safety ( S/N 1 to 125)</li> <li>• Innovations in Medicine ( S/N 126 to 250)</li> </ul>   |                           |  | <ul style="list-style-type: none"> <li>• Research skills ( S/N 1 to 125)</li> <li>• what can the student expect and expectation from student ( S/N 126 to 250)</li> </ul> |                                     |                           | <ul style="list-style-type: none"> <li>• Language enhancement program ( S/N 1 to 125)</li> <li>• Computer skills ( S/N 126 to 250)</li> </ul> |                           |  |  |

|             |            |   |   |  |   |                                  |   |                           |                           |
|-------------|------------|---|---|--|---|----------------------------------|---|---------------------------|---------------------------|
| 27/8/2019   | Tuesday    | <ul style="list-style-type: none"> <li>• Patient safety &amp; Biohazard safety (S/N 126 to 250)</li> <li>• Innovations in Medicine (S/N 1 to 125)</li> </ul>                        |   |  | <ul style="list-style-type: none"> <li>• Research skills (S/N 126 to 250)</li> <li>• what can the student expect and expectation from student (S/N 1 to 125)</li> </ul>             |                                  | <ul style="list-style-type: none"> <li>• Language enhancement program (S/N 126 to 250)</li> <li>• Computer skills (S/N 1 to 125)</li> </ul> |                           |                           |
| 28/8/2019   | Wednesday  | <ul style="list-style-type: none"> <li>• Intro to E-learning – Learning Management system (S/N 1 to 125)</li> <li>• Intro to Impartus (S/N 126 to 250)</li> </ul>                   | <ul style="list-style-type: none"> <li>• Intro to E-learning – Learning Management system (S/N 126 to 250)</li> <li>• Intro to Impartus (S/N 1 to 125)</li> </ul> |  | <ul style="list-style-type: none"> <li>• Language enhancement program (S/N 1 to 125)</li> <li>• Computer skills (S/N 126 to 250)</li> </ul>   |                                  | Sports  |                           |                           |
| <b>Date</b> | <b>Day</b> | <b>8.30 am to 9.30 am</b>   | <b>9.30am to 10.30 am</b>   | <b>T<br/>e<br/>a<br/>b<br/>r<br/>e<br/>a<br/>k</b> | <b>11 am to 1.00 pm</b>   | <b>L<br/>u<br/>n<br/>c<br/>h</b> | <b>2.00 pm to 3.00 pm</b>   | <b>3.00 pm to 4.00 pm</b> | <b>4.00 pm to 5.00 pm</b> |
| 29/8/2019   | Thursday   | <ul style="list-style-type: none"> <li>• E-learning (S/N 1 to 60)</li> <li>• SIS (S/N 61 to 121)</li> <li>• Biometric (S/N 122 to 182)</li> <li>• E Pad (S/N 183 to 250)</li> </ul> |   |  | <ul style="list-style-type: none"> <li>• E-learning (S/N 183 to 250)</li> <li>• SIS (S/N 1 to 60)</li> <li>• Biometric (S/N 61 to 121)</li> <li>• E Pad (S/N 122 to 182)</li> </ul> |                                  | <ul style="list-style-type: none"> <li>• Language enhancement program (S/N 126 to 250)</li> <li>• Computer skills (S/N 1 to 125)</li> </ul> |                           |                           |
| 30/8/2019   | Friday     | <ul style="list-style-type: none"> <li>• E-learning (S/N 122 to 182)</li> <li>• SIS (S/N 183 to 250)</li> <li>• Biometric (S/N 1 to 60)</li> <li>• E Pad (S/N 61 to 121)</li> </ul> |   |  | <ul style="list-style-type: none"> <li>• E-learning (S/N 61 to 121)</li> <li>• SIS (S/N 122 to 182)</li> <li>• Biometric (S/N 183 to 250)</li> <li>• E Pad (S/N 1 to 60)</li> </ul> |                                  | ECA   |                           |                           |
| 31/8/2019   | Saturday   | Cadaver as first teacher  |   |  | Talent Show (Sports/ECA/Reflections on foundation course)   |                                  |   |                           |                           |

