



COMMUNIQUÉ

Manipal College of Dental Sciences, Mangalore



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Editorial

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Communiqué, the e-newsletter of MCOODS, Mangalore, serves as a vibrant window into the academic excellence and dynamic culture of our institution. It showcases the achievements of our faculty, students, and alumni, highlighting scholarly activities, research contributions, clinical advancements, community outreach programs, and academic milestones.

By documenting and celebrating these accomplishments, Communiqué strengthens our institutional identity and reflects the commitment of MCOODS, Mangalore to quality education, innovation, and service. It not only keeps our internal community informed but also projects the college's vision, values, and standards of excellence to a wider audience.

I would like to sincerely express my heartfelt gratitude to Dr. Junaid Ahmed, Dr. Ravikiran Ongole, Dr. Nandita Shenoy, and Dr. Nanditha Sujir, and last but certainly not least, Dr. Archana, for their unwavering support and encouragement. I thank Dr. Amisha Nayak (Second year PG student) for the cover page design and the alumni for their contributions towards alumni testimonials.

I would like to sincerely express my heartfelt gratitude to our Pro Vice Chancellor, Dr. Dilip G. Nayak; our Dean, Dr. Ashita Upoor; and our Associate Deans, Dr. Junaid Ahmed and Dr. Srikanth, for their constant support and encouragement.

Dr Ceena Denny
Professor and Head
Department of Oral Medicine & Radiology

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ACADEMIC EXCELLENCE



Global Burden of Oral Diseases: Oral Health Needs and Treatment Approaches: Introduction to Various Subspecialties of Dental Sciences



On January 2, 2026, the Department of Public Health Dentistry organized a learning activity for 3rd BDS students by screening an online program hosted by the National Academy of Medical Sciences (India). The session was projected live in the lecture hall, allowing students to learn about the global burden of oral diseases, treatment approaches, and dental subspecialties. This activity helped introduce them to key clinical concepts early on in their dental career.

Photodontics Workshop

A two-day Photodontics Workshop was held at Manipal College of Dental Sciences, Mangalore, on 28th & 29th January 2026. It aimed to enhance skills in clinical dental photography for documentation, diagnosis, and academic use. Dr. Karthik Shetty, Professor, Department of Conservative Dentistry conducted sessions on equipment, lighting, composition, and photographic techniques. The program combined demonstrations and hands-on training, to practice standardized protocols and capture high-quality clinical images for research and professional communication.



Workshop on Scoping Review



Dr. Ramya Shenoy, Professor and Head and Dr. Amitha Basheer N, TMA Pai PhD Scholar from the Department of Public Health Dentistry were invited resource persons for a workshop on scoping review organized by School of Social Work, Roshni Nilaya, Mangalore in association with Department of MSC Counselling. It was held on 27th March 2026.





Why MDS after BDS ?

A guest lecture was organized by the Career Guidance Cell, Manipal College of Dental Sciences, Mangalore as part of Academic Curricular Exchange-III (ACE-III) on 25th March 2026. A total of 82 participants participated in the program, which included III year BDS students from MCOADS, Mangalore. The speaker for the event, Roop Shikha who shared her valuable insights on the topic “Why MDS after BDS” is VP operations & Vertical Head of Dr Bhatia eGurukul Coaching Institute.

Biologic Agents in Periodontal Regeneration: Evidence, Indications and Clinical Outcomes

Dr. Chandani Batra, an esteemed alumna and adjunct faculty in the Department of Periodontics, delivered an academic session on “Biologic Agents in Periodontal Regeneration: Evidence, Indications and Clinical Outcomes” on 31.01.2026. The lecture highlighted contemporary concepts in tissue regeneration, emphasizing how biologic mediators enhance wound healing, restore periodontal structures, and improve long-term clinical outcomes.



Ignite the Spark™: Translating Digital Plans into Real Tooth Movement

The Department of Orthodontics and Dentofacial Orthopedics, MCOADS, Mangalore and Mangalore Orthodontic Study Group in association with Ormco conducted a certification course on Spark™ Clear Aligner System under the aegis of Industry-Academia Collaboration on 12th Jan 2026.

Dr. Venkatesh Garla, MDS - Orthodontics, M Orth - RCS, Edinburgh, was the resource person for the program. The course was attended by 60 participants from across Mangalore. Dr. Garla delivered insightful lectures on the topic during the morning session. In the afternoon session, Dr. Sherin Tresa addressed the participants.

Unlock the Cheat Code: Secrets of Immediate Full Mouth Implant Temporization with the Denture Conversion Method

The Department of Prosthodontics, Manipal College of Dental Sciences, Mangalore, organized a Continuing Dental Education (CDE) program titled “Unlock the Cheat Code: Secrets of Immediate Full Mouth Implant Temporization with the Denture Conversion Method” on 16th January 2026.

The lecture focused on contemporary clinical approaches to immediate full mouth implant temporization, with special emphasis on the denture conversion method as a predictable and efficient treatment strategy. Key topics discussed included case selection, bone management, achievement of primary implant stability, prosthetic planning, and effective clinical coordination. The session integrated evidence-based protocols with real-world clinical cases, enabling participants to translate theoretical concepts into practical application.



Explore Intra Oral Scanning and 3D Printing

The Department of Conservative Dentistry & Endodontics, Manipal College of Dental Sciences (MCOES), Mangalore, in association with the Centre for Digital Dentistry, organized a skill-building session titled “Explore Intraoral Scanning and 3D Printing” on 31st January 2026 at the Centre for Digital Dentistry.

The program aimed to enhance participant’s understanding of contemporary digital workflows in dentistry, focusing on the clinical application of intraoral scanners and 3D printing technology.

Dr. Ann Sales demonstrated intraoral scanning techniques, while Dr. Shravan Shetty, Coordinator, Centre for Digital Dentistry led 3D printing workflows from design to dental restorations. Dr. Shravan Shetty, led the session on 3D Printing.



CONS-ENDO Day 2026



CONS-ENDO Day was celebrated on 5th March 2026 with enthusiastic participation from students and faculty. The event aimed to promote teamwork, creativity, and interaction through engaging, knowledge-based activities. Participants formed teams and competed in events like quizzes, dumb charades, “Who Am I,” guess the word, and Pictionary. The activities blended learning with fun in an informal setting. The celebration saw vibrant involvement, fostering collaboration, competitive spirit, and stronger relationships. It offered a refreshing academic break and encouraged unity within the department. The event concluded positively, appreciating all contributors for its success.

Clear Aligner Treatment Planning Workflow with the KEA™ Platform

The Department of Orthodontics & Dentofacial Orthopedics, MCODS Mangalore and MCODS Manipal, in collaboration with the Center for Digital Dentistry, organized an online training program titled “Clear Aligner Treatment Planning Workflow with the KEA™ Platform” on 23rd February 2026 via Zoom online platform.

The session was delivered by Dr. Sagar Shah, Neural Hive Technologies Pvt. Ltd., with support from Dr. Pankaj Mehra, and the Neural Hive team. The program focused on the digital workflow involved in clear aligner treatment planning and demonstrated the KEA™ platform.

Guest Lecture



Dr. Suprabha BS, Professor, Department of Pediatric & Preventive Dentistry was invited as the resource person for lecture titled ‘Silver-Modified Atraumatic Restorative Treatment: Evolving Protocols and Clinical Outcomes’ at the 22nd ISPPD PG convention held on 12th to 14th March 2026 at Vishakapatnam.

Oral Hygiene and Systemic Wellbeing

The Department of Periodontology, MCODES Mangalore, celebrated National Periodontist Day on 24th February 2026, to promote awareness of periodontal health and its link to systemic wellbeing. Organized with the Indian Society of Periodontology, the program reflected academic and community commitment. Dr. Anupama Rao, Additional Professor, Yenepoya Dental College, delivered a lecture on “Oral Hygiene and Systemic Wellbeing,” emphasizing preventive care. The session was attended by final year undergraduate and postgraduate periodontology students.



Tips for Effective Non-surgical Root Canal Treatment

The Department of Conservative Dentistry & Endodontics organized a CPD workshop titled “Tips for Effective Non-Surgical Root Canal Treatment” on 28th February 2026. The program aimed to enhance knowledge and clinical skills, focusing on identifying additional canals and achieving hermetically sealed obturation. Hands-on training in ultrasonic-aided obturation strengthened practical understanding. Dr. Frency Joseph delivered the academic session, highlighting recent technological advancements and simplified clinical protocols to improve efficiency and outcomes in endodontic practice.



Hands on Workshop on Parenteral Injection Technique



A hands-on workshop on Parenteral Injection Technique was conducted by MAX-FACS Skills Center, Department of Oral and Maxillofacial Surgery, Manipal College of Dental Sciences, Mangalore in collaboration with Department of Emergency Medicine, Kasturba Medical College, Mangalore and Simulation Centre, KMC Attavar, on 23 March 2026 for interns of MCODES, Mangalore. The program included a lecture and demonstrations of subcutaneous, intradermal, intravenous, and intramuscular injection techniques. Participants received individual training on manikins. It was attended by a total of 31 interns. The resource persons were Dr. Premalatha Shetty, Professor, Department of Oral & Maxillofacial Surgery along with by Dr. Nikhil Paul, Dr. Kashyap & Dr. Naureen Naik from the Department of Emergency Medicine, KMC, Mangalore.



Interns Orientation Programme

Manipal College of Dental Sciences, Mangalore, organized the Interns Orientation Programme on 21 February 2026 to welcome new interns. The programme introduced institutional leadership, rules, clinical responsibilities, infection control, and professional ethics. Heads of Departments briefed interns on workflows and expectations. Dr. Nidhin Philip conducted a session on alumni engagement and networking, emphasizing professional growth. The programme reinforced discipline, patient safety, and high standards of clinical care.

AI in Dentistry- Careers, Technology and Opportunities



A webinar on 'AI in Dentistry- Careers, Technology and Opportunities' was organized by the Career Guidance Cell, MCODES Mangalore on 10th January 2026. Mr. Affan Shaikh, Founder & CEO of Intellident AI, shared insights on AI-driven careers and technologies, with participation from students, alumni and faculty.

Precision Without Complexity: IFAD (Instrument Free Adaptive Dentistry)- For Anterior and Posterior Restorations

The Department of Conservative Dentistry & Endodontics, MCODES Mangalore, organized a CPD workshop on 17 February 2026 titled "Precision Without Complexity: IFAD – for Anterior & Posterior Restorations," in association with Wizdent and Kuraray. Conducted at the Preclinical Conservative Lab, it focused on simplified, material-guided restorative techniques. Dr. Preethi Nagarajan delivered a lecture on IFAD principles, followed by a hands-on session on composite placement and finishing. The workshop enhanced clinical precision, efficiency, and confidence. A total of 32 participants, including postgraduates and staff, attended, strengthening practical skills and academic-industry collaboration.



Certificate Course in Restorative Dentistry Award Ceremony

The certificate awarding ceremony for the Certificate Course in restorative Dentistry to the candidates of 2024 -2025 batch was held on 11.02.2026 at Medical Education Unit Hall, Lighthouse Campus. The certificates to the five candidates were handed over by Dr. Dilip G Naik, Pro Vice Chancellor, MAHE Mangalore Campus.



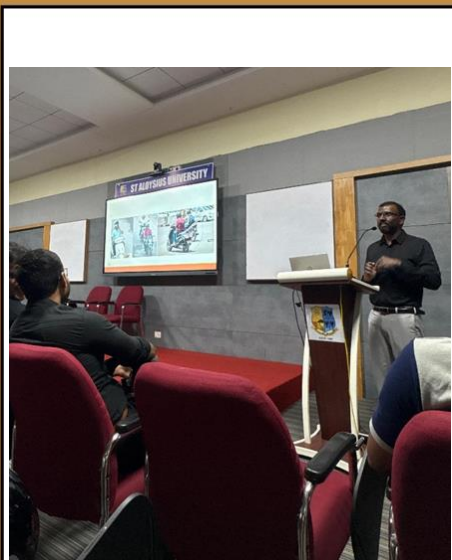


Masterclass in Orthodontic Clear Aligner Therapy

Dr. Shrvan Shetty, Associate Professor, Department of Orthodontics was invited as the resource person for the scientific workshop on ‘Masterclass in Orthodontic Clear Aligner Therapy’ at the 29th IOS National PG Convention held on 5th February 2026 at GSI Dental College and Hospital, Rajahmundry, Andhra Pradesh.

Platelet-Rich Fibrin (PRF), its preparation, biological advantages, and its adjunctive applications in periodontal and implant therapy

On 27th March 2026, there was an exclusive interaction session for postgraduate students of the Department of Periodontology, MCODES Mangalore, led by Dr. Betsy Sarah Thomas, Professor and Head of the Postgraduate Program at MAHSA University, Malaysia, and Adjunct Faculty at MCODES. She discussed bone grafting principles, graft selection, clinical indications, and success factors. A detailed session on Platelet-Rich Fibrin (PRF), including its preparation and applications, followed. The interactive session enabled active participation, clarified clinical doubts, and provided valuable insights into evidence-based periodontal practice and advanced surgical techniques.



OMFS day

Oral and Maxillofacial Surgeons’ Day was celebrated on 13 February 2026 at MCODES Mangalore by the Department of Oral and Maxillofacial Surgery to recognize the specialty and promote awareness. Faculty, postgraduates, and experts including Dr. Krishna Prasad Shetty, Dr. V. S. Seshendra, and Dr. Dishitha Shetty attended. A road safety program at St. Aloysius Deemed University educated 90 students on safe driving and prevention. The event emphasized interdisciplinary collaboration and community outreach.



When teeth reveals secrets...

Dr. Samarikā Dahal, adjunct faculty at MCODS Mangalore and forensic odontologist from Nepal, delivered an online lecture to II and III year students. She covered forensic odontology basics, real-life cases, bite mark analysis, and disaster victim identification. Emphasizing accurate records and career opportunities, the engaging session inspired students to explore this field.

Beyond Incision: The Art and Science of Minimally Invasive Perioplastic Surgery

The Department of Periodontology organized a CDE program, “Beyond Incision: The Art and Science of Minimally Invasive Perioplastic Surgery,” on 28th March 2026, with around 50 postgraduate participants. Dr. Gopal Krishnan, Dean, MCODS Manipal, was Chief Guest, and Dr. Dilip G. Naik, Pro Vice Chancellor, MAHE Mangalore Campus, presided. The academic session was delivered by Dr. Betsy Sarah Thomas, our adjunct faculty who highlighted the evolution of minimally invasive periodontal surgery and emphasized the importance of precision-based surgical approaches in contemporary clinical practice. This was followed by a hands-on training session, which included a live demonstration of minimally invasive surgical techniques and suturing methods on a goat’s head.



Observance of World Oral Health Day

The Department of Public Health Dentistry, in observance of World Oral Health Day (March 20) conducted oral health screening camps across Dakshina Kannada from January to March 2026 at schools, community centers, industries, and charitable organizations. A total of 8,270 individuals were screened, enabling early detection of dental diseases. Oral hygiene education and demonstrations were provided, along with free kits and referrals for treatment. Camps were conducted with KMCH Attavar, offering integrated medical services. Special events included a health talk for ASHA workers, a school drawing competition, and an intercollege soap carving contest, promoting awareness, student engagement, and community participation.



Research Club 'Analytica' Events



The journal club meeting consisted of participants presenting selected topics, where each presenter explained the key aspects of their topic for better understanding. Following the presentations, related articles were discussed, allowing for further clarification and exchange of ideas

JOURNAL CLUB MEET 1 : 3rd February 2026

Topic : -Relationship of deciduous dentition and permanent dentition
 -Association of feedings and habits to malocclusion

JOURNAL CLUB MEET 2 : 13th February 2026

Topic : -Tooth structure in health and in caries
 -Types of caries and remineralization

JOURNAL CLUB MEET 3 : 24th March 2026

Topic- Risk factor of caries
 -Clinical and Radiographic features

MAHESRF Induction Ceremony

The induction ceremony for the MAHESRF research community was a formal event held to welcome the newly appointed members and research coordinators. The program began with a welcome address, followed by a valuable insight given by the esteemed Chief Guest Dr. Prasanna Mithra and Dean Dr. Ashita Upoor followed by the induction of the newly elected members and the community's vision and objective for the upcoming research year. The ceremony concluded with vote of thanks by Dr. Charishma. This event marked the beginning of a new term focused on collaboration, innovation and scholarly growth.



MAHESRF MCODES Mangalore Orientation Programme for 1st BDS students

The orientation programme for the Research Club was conducted to introduce students to the club's vision, objectives, and planned activities for the year. The session aimed to create awareness about the importance of research in academic and professional development. During the programme, faculty mentors and senior members explained the structure of the club, ongoing initiatives such as journal clubs and team-based research projects, and the opportunities available for students to actively participate in research. The orientation encouraged students to engage, collaborate, and contribute to building a strong research culture within the institution.

SCRIPTUM : Research Consortium

MAHESRF organized the Scriptum Research Consortium to promote creativity and research awareness among students. The Mock ethics event introduced participants to the functioning of ethics committees, where students reviewed research protocols and discussed ethical considerations. The Mind Maps competition encouraged students to creatively organize complex concepts into a structured visual format, highlighting their ability to simplify and connect ideas. Additionally, 8 student-led stalls were set up, offering a platform for development of entrepreneurial skills.



76th IDC Preconference Workshop - Mastering Rotary Endodontics With VDW Rotate: Quality, Feasibility, and Affordability in Dental Practice

The Pre-Conference Course titled ‘ Mastering Rotary Endodontics With VDW Rotate: Quality, Feasibility, and Affordability in Dental Practice’ was held as a full-day academic and hands-on program at Manipal College of Dental Sciences, Mangalore, as part of the 76th Indian Dental Conference 2026. Sponsored by Dentsply India, the course aimed to enhance knowledge and clinical skills in rotary endodontics under the guidance of Dr. Jojo Kottoor. Twelve participants attended, ensuring personalized learning. The program included lectures on canal anatomy and shaping techniques, followed by a live demonstration and hands-on training.



Pre Conference Course 4

TOPIC

MASTERING ROTARY ENDODONTICS WITH VDW ROTATE: QUALITY, FEASIBILITY, AND AFFORDABILITY IN DAILY PRACTICE



Dr. Jojo Kottoor

Course fee:
₹ 5,000/- (For Lecture & Hands on)
₹ 500/- (For Lecture only)



Pre Conference Course 7

TOPIC

RUBBER DAM ESSENTIALS: LEARN. APPLY. TRANSFORM.



Dr. Niranjn Vatkar

Course fee:
₹ 3,000/- (For Lecture & Hands on)
₹ 500/- (For Lecture only)

Venue: Manipal College Of Dental Sciences @ 9.30 a.m.

76th IDC Preconference Workshop - Rubber Dam Essentials: Learn. Apply. Transform

The pre-conference course “Rubber Dam Essentials: Learn. Apply. Transform.” was conducted as a full-day lecture and hands-on program at Manipal College of Dental Sciences, Mangalore, during the Indian Dental Conference 2026. Sponsored by Modi Surgico, it aimed to enhance clinicians’ skills in rubber dam application under Dr. Niranjn Vatkar. Sixteen participants attended, enabling interactive learning. The program included a lecture on clamp selection and isolation techniques, followed by a live demonstration and hands-on practice on typodonts.





Awards

UNDERGRADUATE STUDENTS

S.No	NAME	TITLE OF THE PRIZE
1	Ms. Roslin Ronson (III BDS Student)	2 nd place for paper presentation on 6th February 2026 at IDC on the topic" Tooth germ derived stem cells for bioengineered tooth replacement in oral rehabilitation" under the guidance of Dr David
2	Ms. Gowri Niranjana (II BDS Student)	3 rd prize in poster presentation titled " Physiological attrition scoring in dental age estimation: Traditional methods and emerging role of artificial intelligence at the IDC 2026 National conference held at Mangalore. Guided by Dr. Srikant N and Dr Sandipan Mukherjee.
3	Ms. Bhavi Joshi and Ms. Rutuja Kole (I BDS Student)	Consolation prize for their presentation on Cardiac Cycle in Physio Talks 2026 which was a lecture contest for first year students at Manipal and Mangalore, MAHE

POSTGRADUATE STUDENTS

S.No	Department	Name of the student	Award Particulars
1	Orthodontics & Dentofacial Orthopedics	Dr Gulmehak	2nd place for the Paper presentation titled" Beyond braces: An Interdisciplinary approach to Dentofacial Deformities at the 76th Indian conference held from 6th to 8th February 2026
2	Oral Medicine & Radiology	Dr. Amisha Nayak	Second place in paper presentation at the 76th Indian Dental Conference 2026 at Father Muller Convention Center, Mangalore held from 6th February 2026-8th February 2026. under the guidance of Dr. Junaid Ahmed
3	Oral Medicine & Radiology	Dr. Jasmine Jophy, Dr. Sasha Grisha Henry and Dr. Niranjana Menon	First place in the Triple 'O' quiz held on 11th March at MCODS Manipal conducted by Dr. Keerthilatha Pai, Professor and Controller of Examinations, Sikkim Manipal University, Sikkim.

STUDENT AWARDS



Dr. Shravan Shetty

Won first place for the poster presentation titled “Design and Implementation of an artificial intelligence based smartphone application for three dimensional model analysis” at the 76th Indian Dental Conference held from 6th – 8th February 2026.



Dr. Arathi Rao

Won Second place for the poster presentation titled “Micro plastics: are we aware? at the 76th Indian Dental Conference held from 6th to 8th February 2026.



Dr. Suprabha B S

- Won Second place for the poster presentation titled “Micro plastics: are we aware? at the 76th Indian Dental Conference held from 6th to 8th February 2026.
- Best poster award for the poster titled ‘Innovative Approaches to Dentin Remineralization: A Comparative Evaluation of Single Visit and Multi-visit Silver Modified Atraumatic Restorative Treatment in Primary Teeth’ at the 22nd ISPPD PG convention held on 12th to 14th March 2026 at Vishakapatnam, Andhra Pradesh.

Faculty Awards



INTERNATIONALISATION

KEYNOTE LECTURE



Dr. Manuel Thomas, Professor and Head, Department of Conservative Dentistry and Endodontics delivered a keynote lecture titled “Next-Gen Strategies for Rehabilitation of Mutilated Endodontically Treated Teeth” at the 10th Annual Conference of the Conservative Dentistry and Endodontics Association of Nepal (CDEAN), held on 21st March 2026 at Hotel Square, Pulchok, Nepal. He also chaired a keynote lecture at the same conference.



PARTNERSHIP WITH ALUMNI WITH COLLABORATIVE EXPERIENCE (PACE)

PARTNERSHIP WITH ALUMNI WITH COLLABORATIVE EXPERIENCE (PACE)
 MANIPAL COLLEGE OF DENTAL SCIENCES, MANGALORE, AND BP KOIRALA INSTITUTE OF DENTAL SCIENCES, DHARAN, NEPAL
TOPIC: “AN INNOCENT JAW PAIN WITH A MALIGNANT TWIST: A CASE REPORT OF BURKITT LYMPHOMA”
 DATE: 13/3/2026
 TIME: 4:00 PM
PRESENTER
 DR AYUSH GURAGAIN
 ORAL MEDICINE AND RADIOLOGY

DR IC CHA KUMAR MAHARJAN
 PROFESSOR AND HEAD
 ORAL MEDICINE AND RADIOLOGY

DR CEENA DENNY
 PROFESSOR AND HEAD
 ORAL MEDICINE AND RADIOLOGY

A PACE meeting was held on 13 March 2026 at 4:00 PM, moderated by Dr. Ceena Denny E, HOD, Dept. of OMR, MCODES Mangalore, and Dr. Iccha Kumar Maharjan, HOD, BP Koirala Institute of Dental Sciences, Nepal, with 18 participants. Dr. Ayush Guragain presented “An Innocent Jaw Pain with a Malignant Twist,” offering insights into diagnosis, management, and treatment planning of Burkitt lymphoma through a detailed case discussion.



ALUMNI RELATIONS



BATCH OF 1995, PEARL JUBILEE ALUMNI MEET

On 4th January 2026, the undergraduate batch of 1995, Mangalore MCODS, celebrated their pearl jubilee reunion. This event brought together 36 alumni for reconnecting and networking. The Batch of 1995 self-introduced themselves, sharing snippets from their college days and basking in nostalgic memories. Alumni visited the Bejai campus, Marena, and the hostels. This reunion successfully reinforced professional bonds and institutional pride, laying practical groundwork for sustained alumni engagement with MCODS, Mangalore.



ALUMNI ACHIEVEMENT – DR SHILPI JOSHI

Dr. Shilpi Joshi, DMD, BDS, FICD, FPFA, has been named the recipient of the **2026 Lucy Hobbs Project Humanitarian Award (Humanitarian Category)**, recognizing her lifelong commitment to compassionate, equitable dental care and service to underserved communities. Dr. Joshi, a Boston-based dentist and adjunct faculty member at Boston University's Henry M. Goldman School of Dental Medicine, provides care to approximately 2,500 patients annually through her work at NeighborHealth (formerly East Boston Neighborhood Health Center).

A graduate of Manipal College of Dental Sciences (2001 batch) in India and Boston University's dental program, Dr. Joshi has spent more than a decade teaching future dentists, including first-year students in BU's APEX program.



ALUMNI ACHIEVEMENT – DR. ADARSH NINAN SAM

Dr. Adarsh Ninan Sam UG alumnus of our college was conferred the Dr. Ratan H. Doctor Award under the category ‘Best Member below 30 years’ by the Indian Dental Association, Head office. The award was formally presented during the Award Ceremony at the 76th IDC conference held in Father Muller Convention Center, Mangalore on 7th February 2026.



ALUMNI TESTIMONIAL

I was part of MCODS, Mangalore, from 2013 to 2022—completing my BDS (2013–2018) and MDS (2019–2022)—arriving as a student and leaving as a Maxillofacial Radiologist. Training entirely at this institute has been a defining privilege. These years were among the most meaningful of my life, enriched by supportive friends and inspiring teachers who instilled discipline, ethics, and a strong sense of professional conduct. My mentors provided a deep understanding of subjects that guided me toward Oral and Maxillofacial Radiology. During postgraduate training, I was encouraged to think beyond diagnoses and focus on holistic patient care, recognizing the value of empathy alongside expertise. A key highlight was mastering CBCT, from acquisition to interpretation, shaping my identity as a specialist. From pre-clinical labs to cultural events, thesis submission, and final exams, every experience contributed to my growth. I leave with more than degrees—with gratitude, mentorship, and lifelong memories.



Dr. Mohana Boraskar
Consultant Maxillofacial Radiologist

ALUMNI TESTIMONIALS

Where Learning Stays Ahead of Time



Dr. Aishwarya S Nair
PhD Scholar,
Department of Oral
Medicine and Radiology
MCODS Mangalore
Proprietor, Dental
Radiology Solution

My journey with the Department of Oral Medicine and Radiology, Manipal College of Dental Sciences, Mangalore began with its long-standing reputation for excellence in education and research. I completed my MDS in Oral Medicine and Radiology from 2013 to 2016, and my continued association with the department through my PhD since 2024 reflects the confidence and respect I have for the academic environment it nurtures.

What has always distinguished this department is its ability to stay ahead of its time. During my MDS, we were introduced to CBCT at a stage when it was still relatively unheard of in India, and today the department continues that same forward-looking spirit through its emphasis on the ethical use of AI in research. One of my most meaningful learning experiences was peripheral posting, which taught me the value of an interdisciplinary approach to systemic disease and holistic patient care.

The highlights are strong reputation in education and research, early exposure to emerging technologies such as CBCT, supportive, growth-oriented faculty mentorship, interdisciplinary clinical training and holistic care approach.

For me, this department has been more than a place of study—it has been a place where curiosity became direction and learning became purpose.

I feel truly grateful to the Department of Oral Medicine and Radiology for providing me with a meaningful and enriching learning experience. The department fosters a warm, supportive, and academically inspiring environment that promotes growth and excellence. I sincerely thank the Head of the Department, Dr. Ceena Denny ma'am, for her visionary leadership and constant encouragement. I am especially grateful to my guide, Dr. Ravikiran Ongole Sir, for his patient mentorship and invaluable guidance that strengthened my academic and clinical skills. I extend my appreciation to Dr. Junaid Ahmed Sir for his exceptional teaching in Oral Radiology and his clarity in the CBCT course. I am also thankful to Dr. Nandita Shenoy ma'am, Dr. Nanditha Sujir ma'am and Dr. Archana ma'am for their engaging and supportive teaching approaches. My gratitude to the entire department for their dedication, guidance, and encouragement throughout my learning journey.



Dr. Giridharan
Senior Lecturer,
Department of Oral
Medicine and Radiology
Asan Memorial Dental
College and Hospital



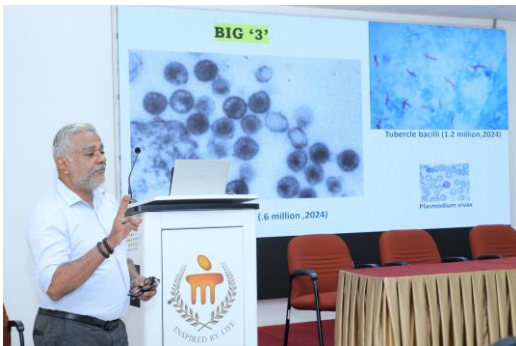
CO CURRICULAR ACTIVITIES

Awareness Session On Anti Ragging Policies And Institutional Framework



MCODS Mangalore organized an Anti-Ragging Awareness Programme on 5th January 2026 at the Centre for Basic Sciences, Bejai, to promote student safety and awareness of national anti-ragging regulations. The programme began with opening remarks by Dr. Nandita Shenoy, who explained the objective of educating students on legal guidelines and reporting mechanisms. Dr. Ashita Uppoor, Dean, highlighted the institution's commitment to a respectful campus environment. Dr. Shiv Sharan discussed DCI anti-ragging regulations, while Dr. Nitin Gatti and Dr. Ramanath Shetty, Chief Warden explained institutional systems and hostel monitoring.

Infection Control Orientation For Interns



The Infection Control Orientation Program for interns was conducted for first-year MDS students and interns on 24th February 2026 with the objective of creating awareness about standard protocols, safety measures, and best practices essential in preventing and controlling infections within a clinical setting. The session introduced key infection control principles, highlighting hand hygiene, use of PPE, aseptic practices, standard precautions to prevent cross-contamination, and educating interns on sterilization, disinfection, and biomedical waste management.

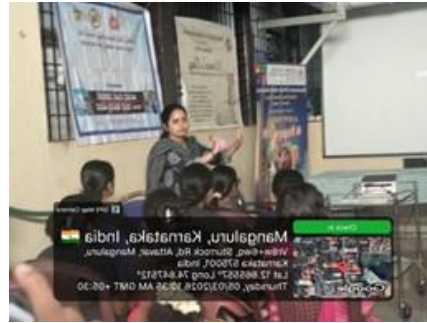
Infection Control Training for DSA and Housekeeping Staff

Mrs. Joyce Emilda Rego and Mrs. Rosebell Pushpalatha, Assistant Nursing Superintendents, KMC Hospitals, Attavar conducted an infection control training program for our DSA and housekeeping staff on 24.03.2026. The session was informative and reinforced the importance of maintaining high standards of hygiene and patient safety in daily operations.



International Women’s Day Celebration, Department of Periodontology, MCODS, Mangalore

The Department of Periodontology, MCODS Mangalore, marked International Women’s Day on 5th March 2026 with outreach activities in collaboration with the Indian Society of Periodontology. An awareness program at PHC Surathkal educated participants on women’s gum health across life stages, followed by screening and basic treatment. A second event promoted oral hygiene among housekeeping staff, with 25 members receiving oral care kits and guidance. The initiative emphasized preventive care and community engagement.



Give To Gain - International Women’s Day Celebration



International Women’s Day was celebrated on 7th March 2026 as a collaborative event by KMC Mangalore, KMC Hospital, and MCODS Mangalore. The program was held at Dr. K.P. Ganesan Hall, KMC Mangalore. The event was graced by Mrs. Geetha Kulkarni, Assistant Commissioner of Police, CCRB, who attended as the Chief Guest. Mrs. Najma Farooqi, Assistant Commissioner of Police (Traffic Subdivision), was the Guest of Honour. The celebration featured a variety of programs conducted by faculty members and non-teaching staff, highlighting the spirit and significance of Women’s Day. The event served as a platform to acknowledge and appreciate the contributions of women across different fields, while fostering a sense of unity and empowerment among participants.

Dental Week - ETERNIA

Manipal College of Dental Sciences, Mangalore successfully organized its annual Dental Week, "Eternia," from 12th March to 19th March 2026. The event was designed to foster creativity, teamwork, and holistic development among students, providing a vibrant platform for showcasing talents beyond academics.

The week witnessed enthusiastic participation from multiple batches, with a wide array of cultural, literary, and artistic events conducted across various venues within the campus.

Eternia – Dental Week 2026 was conducted over seven days, featuring a diverse range of academic, cultural, and creative events. Day 1 began with Art Relay, Crossword, and Creative Writing, promoting artistic and intellectual engagement. Day 2 included Clay Modelling, Antakshari prelims, and Quiz prelims, encouraging teamwork and knowledge-based competition. Day 3 showcased Cartooning, Rangoli, and Art Installation, highlighting students' visual creativity.

Day 4 was the most extensive, featuring events such as Debate, Face Painting, Extempore, Mono Acting, Mime, JAM, Mad Ads, Mimicry, Mock Press, Street Play, Poetry (Hindi and English), and Spot Photography, ensuring wide participation across interests. Day 5 continued with Collage Making and Painting, further encouraging artistic expression. Day 6 included Cultural Parade, Creative Jam, and Antakshari finals, adding vibrancy to the celebrations.

The final day concluded with a Variety Show, Musical Night, and Quiz finals, marking an energetic end. Students from all batches actively participated, reflecting strong coordination and enthusiasm. The event was well-organized and smoothly executed. Overall, Eternia 2026 successfully fostered creativity, collaboration, and extracurricular involvement while strengthening camaraderie and providing a refreshing break from academics.





SPOTLIGHT

KEYNOTE LECTURE



Dr. Junaid Ahmed delivered a keynote lecture titled “Beyond 2D – A Dental Practitioner’s Guide to CBCT” at the 76th IDC 2026 National Conference organized by Dakshina Kannada Branch held at Mangalore from 6th to 8th February 2026.



Dr. Junaid Ahmed, Professor, delivered a guest lecture at the 23rd National Triple ‘O’ Symposium 2026 at ITS Dental College, Ghaziabad. His talk, “CBCT Reporting Reimagined: Seeing Beyond Pathology,” emphasized a comprehensive approach to image evaluation, including anatomical variations, incidental findings, airway assessment, and bone quality.

GUEST LECTURE



Dr. Ravikiran Ongole

Dr. Ravikiran Ongole, Professor from the Department of Oral Medicine and Radiology was invited as a resource person in the webinar series on recent advances in dental specialties on the topic “Optical Spectroscopic Techniques for Early Detection of Oral Precancers” organized by Faculty of Dental Sciences, Kerala University of Health Sciences on 4th March 2026.

Dr. Ravikiran Ongole was invited as a resource person at the National Conference on Emerging Trends in Applied Physics on the topic “Transforming Clinical Diagnostics with Optical Spectroscopy: A Two-Decade Journey” organized by Manipal Institute of Applied Physics, Manipal on 17th March 2026.

Dr. Ravikiran Ongole delivered a keynote lecture titled “Research Integrity under Threat: Navigating Predatory Journals and Fake Conferences” at the Talk to Your Expert webinar series organized by IAOMR, Tamil Nadu State Branch held on 20th March 2026.

CONE BEAM COMPUTED TOMOGRAPHY (CBCT) CERTIFICATE COURSE

The Department of Oral Medicine and Radiology conducted Cone Beam Computed Tomography (CBCT) certificate course from 4th to 7th March 2026. There were 15 participants from all over the country. It was a comprehensive 4-day program designed to provide a strong fundamental understanding and advanced knowledge and skill in CBCT imaging and its clinical applications.



GUEST LECTURE



Dr. Nandita Shenoy, Associate Professor from the Department of Oral Medicine and Radiology was invited as a resource person in the CDE programme – Triple ‘O’ Case Report Symposium & National Oral Pathologists Day Celebration organized by Department of Oral Pathology and Microbiology, Yenepoya Dental College, Yenepoya (Deemed to be University) on 14th February 2026.



MANIPAL COLLEGE OF DENTAL SCIENCES

MANGALORE

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