



Editorial board

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E- letter coordinator: Issue 1
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Curriculum Convention

Manipal College of Nursing, Manipal University, Manipal organized the curriculum convention for the third consecutive year on 21st October 2017.

The moderators for the session were Dr. Tejinder Singh, Principal, CMC Ludhiana, Dr. Selva Titus Chacko, Dean, College of Nursing, CMC Vellore and Dr. K Ramnarayan, the Vice President, Faculty development and Alumni Relations, Chairperson, Manipal University, Jaipur Campus. The theme for the day was "assessment for learning and assessment of learning", as assessment is considered as an essential part of teaching learning process.

The half day event began with a brain storming session framed into six groups randomly selected from all levels on the two themes - Existing Assessment and Dream Assessment for the nursing curriculum. Dr. Selva Titus Chacko, Dr. Tejinder Singh and Dr. Ramnarayan shared their view points based on the theme.

SZUSICON 2017. National level urology Nursing Conference

SZUSICON 2017. National level urology Nursing Conference was organized by Manipal College of Nursing Manipal, Manipal University on 10th August 2017 at Interact Hall, Manipal University, Manipal. The conference was inaugurated by Prof. Beulah Premkumar, Professor & HoD, Medical Surgical Nursing, CON, CMC, Vellore. The chief guest in her address emphasized on the different types of courses available to nurses to specialize in urological Nursing. She also highlighted on the importance of quality care by applying ethical principles.

Dr. Krishnasamy Kannan, president, Association of Southern Urologist, in his address highlighted the importance of nurses in the clinical field and he emphasized on the observational skills of nurses. About 150 delegates various institutes were present in the event.





MCON e-news letter

“World Alzheimer’s Day 2017”

The World Alzheimer’s Day-2017 was observed at KSVK higher primary school, Moodubettu, Malpe on 24th September 2017. The programme was organized by Psychiatric Nursing Department, 3rd year BSC (N) students of MCON and Rotary Club, Kodavoor.



“World Suicide Prevention Day 2017”

The World Suicide Prevention Day 2017 was observed at St. Mary’s High school, Shirva on 11.09.2017. It was organized by Department of Psychiatric Nursing and second year PBBSc (N) students of MCON Manipal.

“World Mental Health Day 2017”

World Mental Health Day was celebrated on the 10th of October 2017 by 2nd year MSc Nursing students of Manipal College of Nursing. It was observed in D4 ward of KH Manipal. Dr. Umesh Kumar, Asst.Professor, Dept. of Psychiatry, Kasturba hospital, was the guest of honour,



“ World Diabetes Day 2017”

The department of Medical Surgical Nursing, MCON Manipal has organized poster competition as part of the World Diabetes Day 2017 at MCON on 10th November 2017. Dr. Annamma Kurien, Associate Dean, Melaka Manipal Medical College, MAHE was the Chief Guest of the programme and Dr. Sahana Shetty, Associate Professor, Department of Medicine, Kasturba Hospital, Manipal was the Guest of honour.



As a part of world diabetes day -2017, Screening and Health Awareness Programme was organized on 10th November -2017 by 4th year B.Sc.Nursing students and the Department of Community Health Nursing, Manipal College of Nursing Manipal at Savitha Chemical Factory, Patla, Udipi Taluk. The formal inauguration of the programme was done by Mrs. Vijaya V Nayak, Proprietor and Mrs. Sunandha, Secretary of Savitha Chemical Factory, Patla.



“ World Obesity Day 2017”

As a part of world obesity day 2017, Health Awareness and Screening Programme was organized on 16th October 2017, by 4th year BSc Nursing students and the Dept. of Community Health Nursing, Manipal College of Nursing Manipal, at Athrady Anganawadi. Mrs. Susheela, President, Cooperative Milk Society, Athrady, Mrs. Jayanthi, Anganwadi Teacher, Mrs. Kanthi, Asha worker were present during the programme.



“ World Heart Day 2017”

As a part of World Heart Day 2017, an awareness programme was organized by IV year BSc Nursing students and the Department of Community Health Nursing, Manipal College of Nursing Manipal on 7th October 2017 at Ozanam Old Age Home Kallyanapura. Sessions on normal anatomy and physiology of heart, signs and symptoms of cardiovascular problems, management and prevention of heart diseases were taken. Yoga asanas were demonstrated and GRBS and BP assessment of inmates was done.





“Lamp lighting ceremony 2017”

The lamp lighting ceremony for the 28th batch of Bsc Nursing students of Manipal College of Nursing Manipal was held on October 21st 2017 at Shirdi Saibaba Conference hall, Cancer Block 3rd floor KH Manipal. The 103 first year BSc Nursing students received the light from the chief guest, Dr. Kasturi R Adiga former Principal School of Nursing Manipal, Dr. Anice George Dean Manipal College of Nursing Manipal, Dr. Judith A Noronha, Associate Dean, and Dr. Linu Sara George, HOD Fundamentals of Nursing Manipal which was followed by the oath taking ceremony of the novice nurses.

Report of the Regional Workshop- 25 October 2017

The second year MSc nursing students and faculty of child health nursing department of Manipal College of Nursing Manipal organized a regional workshop on “Management of pediatric surgical conditions” on 25 October 2017 in association with Department of paediatric surgery of KMC Manipal. Total 61 participants attended the workshop.



Breast feeding week:

MCON Manipal observed World Breastfeeding Week from August 1st 2017 to August 7th 2017 on the theme “Sustaining Breastfeeding: building alliances without conflicts of interest!” Number of activities were organized for the nurses, ASHA workers, postnatal mothers and family members and the public. The theme focused on achieving the Sustainable Development Goals (SDGs) for maternal and child health, non-communicable diseases (NCDs), nutrition, education, poverty, inclusive economic growth and reducing inequalities by 2030 through the three pillars to increase breastfeeding i.e., protection, promotion and support of breastfeeding.



Innovation

MU Innovation Day was organized on 28th October 2017. Six innovative ideas from college were presented. Out of those Mr. Vinish V & Dr Shashidhara Y N from the Dept. of Community Health Nursing got consolation prize for their innovative model on “Star Helmet”. The helmet will play a key role in starting the vehicle. To achieve that, the helmet should act as the key for the vehicle to get start. The helmet can be connected to Vehicle via RFID and it will work only when the helmet is worn by the rider. By adopting this simple technique the riders automatically forced to uses helmets even though they are not wished to use.



Research publications (July 2017 – Dec 2017)

- Jyothi Chakrabarty; Mamatha Shivananda Pai; V.K. Ranjith; Donald Fernades : Economic Burden of Cancer in India. Indian Journal of Public Health Research & Development. July-September 2017. Vol.8. No.3. DOI No. :10.5958/0976-5506.2017.00175.9 – International Journal Scopus and Pubmed Indexed.
- Shalini G. Nayak; Mamatha Shivananda Pai; Linu Sara George :Eating Experiences of Head and Neck Cancer (HNC) Patients after Radiotherapy – Qualitative Meta-Synthesis. Indian Journal of Public Health Research & Development. July-September 2017. Vol.8. No.3. DOI No. :10.5958/0976-5506.2017.00159.0– International Journal Scopus and Pubmed Indexed.
- Roseminu Varghes; Jyothi Chakrabarty ; Girish Menon :Nursing Management of Adults with Severe Traumatic Brain Injury : A Narrative Review. Indian Journal of Critical Care Medicine (Published by Wolters Kluwer-Medknow) : Volume 21 | Issue 10| October 2017 – National Scopus Indexed (indexed also in : Pubmed , Indmed and Cinhal).
- Ramesh Chandrababu; Baby S. Nayak ; Vasudev Baburaya Pai ; Nitin T. Patil ; Anice George ; Linu Sara George ; Elsa Sanatombi Devi : Effect of Complementary Therapies in Patients Following Cardiac Surgery. Holistic Nursing Practice : September/October 2017 – International Scopus Indexed.
- Malathi G. Nayak ; Anice George ; MS Vidyasagar ; Stanley Mathew ; Sudhakar Nayak ; Baby S Nayak ; YN Shashidhara ; Asha Kamath : Quality of Life among Cancer Patients. Indian Journal of Palliative Care | Volume 23 | Issue 4 | October – December 2017 – National Scopus Indexed and Pubmed.
- Nageshwar V; Anice George ; Baby S. Nayak ; Tessy Treasa Jose ; Judith A Noronha ; Anitha Nileshtar ; Manjumath Prabhu; Blessy Prabha Valsaraj :Nurses’ Perception of Clinical Decision Making Ability : A Cross-Sectional Survey – The Nursing Journal of India – July August 2017 Vol. CVIII No. 4 – National Scopus & Pubmed Indexed.
- Binil V; Christoher Sudhakar ; Supriya Hegde; Ravishankar N : A Review on Violent Behaviour among Patients admitted in Psychiatric Setting. Medico-legal Update. July-December 2017. Vol. 17. No.2 238 – International Scopus and CINHAL Indexed.
- Geena Louis D’Souza; Pratibha Kamath; Sonia R.B.D’Souza :Effectiveness of Early Initiation of Breastfeeding on Sleeping Pattern of Newborns – An Evaluative Study. Medico-Legal Update. July-December 2017. Vol. 17 No.2 - International Scopus and CINHAL Indexed.
- Shashidhara Y.N.; B.S. Shakuntala. Assessment of Attitude of Staff Nurses on Nursing Research and its Utilization. Indian Journal of Public Health Research & Development, July-September 2017. Vol. 8; No. 3 – International Scopus Indexed.

Grants received 2017

- Dr. Anice George: A research grant to of Rs. 4,00,000 is received for the project on “ A Randomized controlled trial on Home safety supervisory programme (HSSP): Impact on caregivers child supervisory practices” funded by ICMR
- Dr. Malathi G Nayak: A research grant of Rs. 5,98,500 is received for the project on “Impact of awareness programme on symptom management among advanced cancer patients and their caregivers” funded by ICMR
- Mrs. Sulochana B: A research grant of Rs. Explore the bio-psychosocial status (Physical symptoms, selfreported anxiety, stress and social support), coping strategies and lived experiences among women carrier for haemophilia: A mixed method approach” funded by Bayer Hemophilia Awards Program

Systematic Review Workshop

The Research Core Committee of Manipal College of Nursing Manipal, Manipal University, organized a workshop on Systematic Reviews on 09th & 10th October, 2017. The objective of the workshop was to strengthen the knowledge in the area of Systematic Reviews to conducted scientific reviews.

The various topics covered on first day were Introduction to Systematic reviews, Development of a systematic review Protocol, Formulating a Search Strategy, Retrieving , De-duplicating, & Extraction of Data and Randomization process and blinding.

The sessions for second day were Assessing the Risk of Bias, Introduction to 'Rev Man & STnATA',

Assessing the Quality of Evidence -GRADE approach &STROBE' guidelines, Summarization, reporting of data, PRISMA& MOOSE guidelines.

A total of 19 participants from different institutions of the country participated in the workshop.



A one-day copyediting workshop was held on 23rd October 2017 by Manipal College of Nursing, Manipal University, Manipal in collaboration with Manipal University Press, Manipal. Dr Neeta Inamdar, Professor and Head, Department of European studies and Chief Editor, Manipal University Press was the Chief Guest. In her address, Dr Inamdar mentioned the various nuances of copyediting. She also explained regarding the editorial process. The first session of the day was on "Introduction to copyediting and Style guides: APA and Vancouver". Mrs Gracy Samjetsabam, Editorial coordinator of Manipal University Press, deliberated on this session. The second session was on "Technicalities of copyediting" and this was dealt by Mr Srinivas Kumar N Acharya, Assistant Professor at the Dept. of European studies, coordinator for Dwaita Philosophy Resource Centre and in-charge editorial coordinator of MUP. The post-lunch session on "Grammer and Language" was taken by Ms. Sreedevi Sasidharan Nair. Next session was taken by Mr Aravind N, who is the Design and Production manager of MUP who spoke on "Importance of Design". Following this session, the participants were involved in "Exercises in Language and style writing".



International



Interprofessional education and practice at MGH institute of Health Professions

Dr. Shashidhara Y N had visited MGH Institute of Health Professions at BOSTON to Observe Inter-professional education and Practice from 21st to 29th of October 2017. The entire Visit was coordinated by Dr. Elissa Ladd Associate Professor, MGH Institute of Health Professions, Boston

Kuwait CNE

Faculty from MCON are conducting CNE sessions to Advanced Critical Care Nursing Staffs of Al-Salam International Hospital of Kuwait. The sessions are conducted on various topics for different batch of nurses.



Observership Programme

Two students, Ms. Hannah Retvedt Bakkerud and Ms. Emilie Odegaard Petersen (3rd year and fifth semester of nursing bachelor program) from University of Stavanger, Norway arrived to Manipal College of Nursing Manipal on 15th September, 2017 for their Observership Programme for a period of 13 weeks.

They had clinical postings in different areas, like 4 weeks in community health nursing and 9 weeks in surgical area with the purpose of developing skills and knowledge to become good professional nurses.



Overseas Immersion Programme (OIP) of Ngee Ann Polytechnic Singapore

Forty one students and Mr Oliveiro Jeremy, Mrs B Santhi, Mrs Sivaneswary Palanibilo faculty of Ngee Ann Polytechnic visited Manipal College of Nursing Manipal on 17th September to 7th October 2017. They visited many places here and various sessions were conducted for them.

Upcoming Events (Jan 2018 to Jun 2018)

International Conference on Global Challenges in health care

February 16 & 17, 2018

Venue: Dr. TMA Pai Auditorium, 3rd Floor, KMC, Manipal, India

Abstract submission deadline: January 15, 2018

Last date for registration: February 14, 2018

Email: ic2018@manipal.edu

Website:

<http://conference.manipal.edu/ic2018>

- January 12th - National Youth Day
- January 19th - School Health Programme
- January 26th - Republic Day
- January 19th - Sports Day
- January 27th - Annual Day
- February 2nd week - International Childhood Cancer Day
- February 4th - World Cancer Day
- March 8th - International Women's Day
- March 24th - World TB Day
- April 7th - World Health Day
- May 5th - Midwifery Day
- May 12th - International Nurse's Day

Adding Pride to MCON

WILSON NICOLAU FERNANDES
CONFERRED A DOCTORAL DEGREE



Wilson Nicolau Fernandes, Lecturer & Head of Department, Department of Mental Health Nursing, Institute of Nursing Education, Bambolim has been conferred a Doctor of Philosophy degree in Management Studies at the Goa University 29th Annual Convocation. Wilson Nicolau Fernandes has done extensive research work on his doctoral thesis “Workplace stress and coping strategies in the Nursing Profession” Wilson Nicolau Fernandes pursued his Master of Science in Mental Health Nursing from Manipal Academy of Higher Education (MAHE) presently known as Manipal University. He was awarded the prestigious Dr. T. M. A. Pai gold medal for securing the first rank in the M. Sc Nursing program (2003-05). He has presented several papers at National and International conferences and has also co-authored book chapters. Wilson Nicolau Fernandes is an inspiration to nurses to pursue doctoral studies as he is the first Goan nurse to have been conferred a Doctoral degree.

Alumni meet



Alumni meet of Manipal College of Nursing and Manipal School of Nursing Manipal was held on 22nd July 2017 at MCON, Manipal. Prof. Renu Susan Thomas, Vice Principal, SIMET College of Nursing, Palluruthy, Kochi, Kerala was the chief guest for the meet. Being an alumnus of MSc (N) 2000-2002 batch she shared her experiences of being a Treasurer of TNAI, Kerala state branch. She appreciated the quality of education, resources and opportunities provided by the Manipal College of Nursing and Manipal University for overall development of the students. Director, Alumni Relations, Mr. Prasanna Kailaje, reinforced the necessity of registering in alumni portal of Manipal University.

Testimonials

Dr. Simi Jesto Joseph, DNP, APN, NP-C

Director of Research & Clinical Services/ GI Nurse Practitioner

GI solutions of IL

Harvard Clinical Research Scholar

SGNA Research Scholar (current)



At age 17, my parents decided to send me to MCON to start a new journey in the profession of nursing. I was in the fourth batch of the bachelor program, joined in 1994 and graduated in 1999. MCON has innumerable opportunities for the students’ professional growth in the field of nursing as well as resources available that cannot be compared to any other institution in India. When I reflect on my 4 and a half years of training, the experience not only made me a better nurse, but also prepared me in unpredictable ways for my career. I was fortunate enough to immigrate to United States and continue my education there. I completed my Masters in Nursing/Nurse Practitioner in 2008, Doctorate in Nursing Practice in 2014, and graduated from the Harvard Medical School Clinical Research Scholars program in 2017. Currently, I am a nurse clinician, continuing education speaker, mentor for NP and PA students, an adjunct faculty at the Benedictine University Department of Nursing and Health. I was honored by the Indian Nurses Association of Illinois(INAI), and the American Nurses Association(ANA). I received the most prestigious National Nurse Practitioner award in 2016, “NP excellence in Clinical Practice” by the American Association of Nurse Practitioners(AANP). I truly value the undergraduate education I received from Manipal because, that is what gave me the determination to aspire to be a **nurse leader**.