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e-Newsletter

(A half-yearly e-newsletter of Manipal College of Nursing, MAHE, Manipal)

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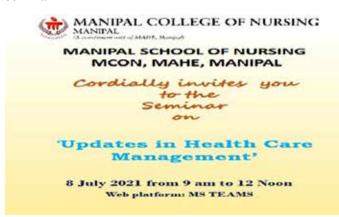
Mrs Flavia S Noronha Lecturer, MCON, MAHE, Manipal.

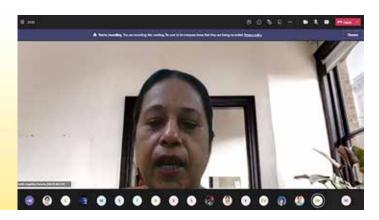


ACADEMICS

Webinar on Updates in Healthcare Management

Manipal School of Nursing (MSON), Manipal College of Nursing (MCON), MAHE, Manipal has organized a seminar on "Updates in healthcare management" on 8 July from 9:00 am to 12:00 noon. The seminar began with an introduction and welcome speech by Dr Leena Sequira, Principal, MSON, MCON, MAHE, Manipal. Dr Judith Angelita Noronha has delivered the keynote address. She expressed that students should not be stagnant in learning. They need to keep updating their knowledge in their profession and move on. Informative sessions on medication management, effective communication, and legal/ethical issues in patient care were conducted. A total of 62 members participated in the seminar.





Faculty Development Program 2021

The Continuing Nursing Education (CNE) committee of MCON, MAHE, Manipal, organized a virtual Faculty Development Program (FDP) on 27 and 28 July 2021. The chief guest for the inaugural session Dr Sharath Kumar Rao K, Dean, Kasturba Medical College (KMC), Manipal, MAHE appreciated the efforts taken by the institution and congratulated Dean and her team for successfully holding FDP. Informative sessions were held on e-content development by Dr Manojkumar Nagasampige, Director-Centre for Online Education (COE) MAHE, Manipal, followed by an interactive session on an overview of the National Medical Commission (NMC) Bill by Dr Rathi Balachandran, Assistant Director General (Nursing), Ministry of Health and Family Welfare (MOHFW), Government of India. Dr Preethy D'Souza Research Associate, Social Science Research (SSR) unit, Department of Social Sciences, UCL Institute of Education, UK conducted a session on Narrative Review versus Systematic Review. The last session of the day was on mental health challenges and coping for educators during a pandemic by Dr Sujayalakshmi D from North Carolina Central University (NCCU), USA. A total of 75 faculty and 12 research scholars attended FDP 2021.





Dr Judith Angelitta Noronha takes over as the Dean of Manipal College of Nursing, Manipal from the outgoing Dean Dr Anice George

MCON, MAHE, Manipal has witnessed the changeover of administration.Dr Judith Angelitta Noronha took charge as the new Dean of MCON, MAHE, Manipal with effect from 1 August 2021.

The handing over ceremony was held at the conference room, MCON, Manipal on 31 July 2021 in the presence of Dr Narayana Sabhahit, Registrar, MAHE, Manipal, all head of the departments of MCON, Manipal, Principal, MSON, Manipal, Head of Nursing Services, Kasturba Hospital, and the junior management executive of MCON. Dr Anice George welcomed Dr Judith Noronha as the next Dean and congratulated her for the new venture.

Dr Judith A Noronha, the new Dean of MCON thanked MAHE leadership for their faith in her and Dr Anice George for creating such a conducive and wonderful working culture at MCON which would help her to take on the new responsibilities in a better way. She wished Dr Anice George the very best and hoped for her support and guidance during her tenure as Dean to witness the growth of the institution.





World Breastfeeding Week 2021

The Department of Child Health Nursing, Obstetrics and Gynaecological (OBG) Nursing and Community Health Nursing, MCON, MAHE, Manipal, and Department of Paediatrics, KMC, Manipal, MAHE, in collaboration with Indian Academy of Paediatrics, Udupi District Branch observed the "World Breastfeeding Week" from 1 to 7 August 2021. Various activities and programs were planned and conducted on the theme "Protect Breastfeeding: A Shared Responsibility." The programs were conducted for the cause and publication of the articles on Breastfeeding in the local Kannada newspaper, community awareness through FM Radio Talk as part of Azadi Ka Amrut Mahotsav, e-poster competition for faculty and students on World Breastfeeding Week theme. Awareness program on breastfeeding in high-risk infants for mothers and neonatal unit nurses; awareness program in various community areas for mothers with children under five years of age, caregivers, and ASHA workers; National Workshop on the theme and Facebook live and Television interview sessions.

National Webinar on "Protect Breastfeeding: A Shared Responsibility"

On 5 August 2021, a National Webinar was organized virtually through the Microsoft Teams platform between 2:00 pm and 4:30 pm. Dr Leslie E Lewis, Professor and Head, Department of Paediatrics, KMC, Manipal presented the welcome address stating that "A better breastfeeding can save a million lives". The webinar had enlightening sessions on topics relevant to the current need in the pandemic situation while reviewing the basics of breastfeeding as a shared responsibility. Participants actively participated and clarified their doubts during the question-and-answer sessions. The webinar was attended by 120 participants.

MCON, MAHE, Manipal and Department of Paediatrics Kasturba Hospital, Manipal in collaboration with the Indian Academy of Paediatrics, Udupi branch bagged the "Best Celebration" certificate of achievement as part of the World Breastfeeding Week celebration. Breastfeeding Promotion Network of India (BPNI) coordinated these actions all over the country.







Capacity building of nurses: MCON in collaboration with DGHS, Government of India

MCON, MAHE, Manipal in collaboration with the Directorate General of Health Services (DGHS), Government of India organized an online a capacity building training program for nurses to fight training program for nurses to do capacity building of Nurses to fight against the third wave of COVID-19 on 9 and 10 August 2021 through Microsoft Teams. Dr Mamatha S Pai, Mentor for the COVID-19 training for the Karnataka State welcomed the guests and the participants. Dr Sandhya Gupta, Chairperson of the COVID-19 training explained the need for training the nurses and stressed the importance of updating knowledge in the care of children. The chief guest of the inaugural program Dr PLNG Rao, Pro Vice Chancellor (Quality Assurance and Faculty of Health Sciences), Quality and Compliance of MAHE, Manipal highlighted the importance of such training in the preparedness for COVID-19 and urged the participants to make use of the training sessions. The training sessions included the sessions on causes, mode of transmission, diagnosis, and management of COVID-19 in children; psychosocial aspects of care of children, recommendations for the care of neonates during COVID-19, infection control and prevention and revamping facilities. A total of 106 participants from different states of India attended this training.



District Level Wallpaper Competition on Blood Donation

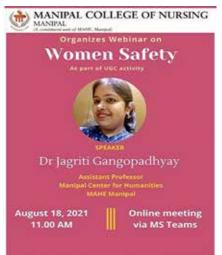
As part of International Youth Day celebrations, the District AIDS Prevention Centre of Udupi had arranged a Wallpaper Competition on the theme "Blood Donation". Students from MCON, Manipal participated in the competition. From a total of 18 wallpapers received from different batches of undergraduate students of the college, the best five wallpapers were selected and sent to the Office of the District AIDS Prevention Division, Udupi on 10 August 2021 with details of those students. These wallpapers were examined by the District Level Committee appointed for the purpose and those wallpapers with the best information on blood donation were awarded. Ms Madhuri from fourth-year BSc Nursing secured "First Prize" in the wallpaper competition. On the International Youth Day celebration 2021, certificates along with cash prizes were awarded to the winners.



Webinar on "Women Safety"

MCON, MAHE, Manipal has organized a webinar on the topic "Women Safety" on 18 August 2021, between 11:00 am and 12:00 noon. Dr Jagriti Gangopadhyay, Assistant Professor and the faculty coordinator for the Centre for Women's Studies, at the Manipal Centre for Humanities, MAHE, Manipal shared her expertise on women's safety. She highlighted the facts, causes endangering women's safety in different contexts such as homes, workplaces, and society. The effect of the COVID-19 pandemic on women's safety in the current situation was emphasized during the webinar. The session highlights the need to ensure women's safety in families, the workplace, and several other contexts in terms of strengthening the policies and policy reforms.

The session was conducted as a webinar in Microsoft Teams and was attended by 113 participants from MAHE, Manipal. This webinar was conducted as per the Circular related to the circular from University Grant Commission (UGC) dated 19 April 2021 and was coordinated by Ms Shalini G Nayak, Assistant Professor, MCON, MAHE, Manipal.





School Health Program

As an outreach program, the first-year MSc Nursing students from Department of Child Health Nursing, MCON, MAHE, Manipal, under the guidance of Dr Binu Margaret, Assistant Professor, and Dr Baby S Nayak, HOD, Department of Child Health Nursing, MCON, Manipal organized a virtual school health program on 25 August 2021, between 3:00 pm and 4:30 pm. The main aim of the program was to create awareness on "First Aid" for the students of classes 8, 9, and 10 and faculty members of Green Park Central School, Hiriadka.

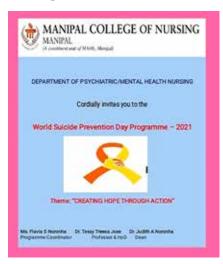
Ms Smitha Jyothi Saldanha, a first-year MSc Nursing student highlighted the first aid measures during fainting, drowning, choking, and in an unconscious state. Ms Meghna Pandit, a first-year MSc Nursing student emphasized the first aid measures for burns, wounds, and bleeding. Ms Rashal Rashmi Martis, a first-year MSc Nursing student, deliberated the session on first aid during bee stings and animal bites. The program was conducted with the discussion incorporating various videos and demonstrations of the first aid measures. Around 100 students including faculty members participated in the program.





World Suicide Prevention Day - 2021 "Creating Hope through Action"

A webinar on "Early identification of self-harm and its prevention among youths" was organized by the Department of Psychiatric/Mental Health Nursing, MCON, MAHE, Manipal on 9 September 2021 through the online Google Meet platform for the students of Dr G Shankar Government First Grade Women's College, Udupi. Sixty-five students from the first-year BCom attended the webinar held between 2:00 pm and 3:00 pm. Dr Sanjeev Kumar M, Assistant Professor, National Institute of Mental Health and Neuro-Sciences (NIMHANS), Bengaluru was the resource person for the webinar. During his talk, he stressed the methods to deal with the sensitive issues faced by the students and youth. An awareness talk and an interview in multi-linguistic mode on "Prevention of suicide in vulnerable populations" through All India Radio (AIR) was aired on 8 September 2021, 11 September 2021, 12 September 2021 at 5:00 pm, and on 13 September 2021 at 9:00 pm. The speakers were Ms Swathi and Ms Shetty Swathi from second-year PBBSc Nursing, Mrs Flavia S Noronha and Mrs Savitha, Faculty, MCON, MAHE.





Webinar on Healthy Lifestyles

As part of Azadi Ka Amrut Mahotsav, 75 years of India's Independence, the Department of Community Health Nursing, organized a webinar on "Awareness on Healthy Lifestyles" on 22 September 2021.

Mrs Swathi Acharya K, Assistant Professor-Senior Scale, Welcomgroup Graduate School of Hotel Administration (WGSHA), MAHE, Manipal sensitized the participants that good nutrition plays an important role in maintaining health. She encouraged the students to consume more fruits and vegetables and avoid junk foods. She illustrated the selection of nutrient-dense food when compared to energy-dense food. A total of 178 participants attended the session.

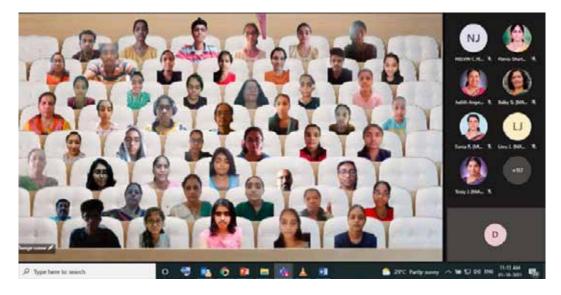




Deeksharambh - Student Induction Program (SIP) - 2021

Student Induction Program (SIP) – "Deeksharambh" for students admitted to the first-year BSc Nursing course, for the academic year 2021-22, offered by MCON, MAHE, Manipal was conducted from 1 to 9 October 2021 through Microsoft Teams web platform. Guest Lectures on various topics were conducted by each department of MCON.

Dr Narayana Sabhahit, Registrar, MAHE, Manipal, was the Chief Guest of the Orientation Program. He addressed the students and their parents. Dr Judith A Noronha, Dean, MCON briefed about the college and introduced the faculty members of the college to the newly admitted students. Dr Tessy Treesa Jose, Associate Dean, MCON, gave an overview of MAHE's facilities.



World Mental Health Day - 2021 "Mental Health in an Unequal World"

A webinar on "Mental Health in an Unequal World" for the members of RSB Mahila Vedike was organized by the Department of Psychiatric/Mental Health Nursing, MCON, MAHE, Manipal in association with RSB Mahila Vedike, Manipal on 6 October 2021 through the online Google Meet. Around 60 participants attended this webinar. Mrs Arabhi Rao, Psychologist and Counsellor, from Karkala, was the resource person for the webinar.

Various activities were organized at the Psychiatric ward on 8 October 2021 as a part of World Mental Health Day, 2021. Dr Ravindra Munoli, Associate Professor, Department of Psychiatry, Kasturba Hospital, Manipal was the chief guest for the formal program. He addressed the patients and caregivers, stressed the importance of mental health and gave awareness regarding the facilities available in hospitals and communities.

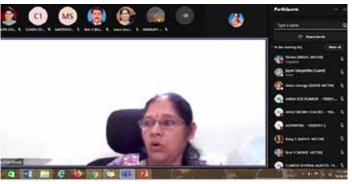




Observation of "Vigilance Awareness Week - 2021"

MCON, MAHE, Manipal observed Vigilance Awareness Week with the theme "Independent India @75: Self Reliance with Integrity". Department of Community Health Nursing organized an awareness program on "The Effects of Corruption and its Prevention" on 25 October 2021 at Hirebettu, Udupi. Mr Nagesh Nayak, Assistant Sub-Inspector, Manipal Police Station, was the resource person for the event. He discussed the types of corruption and gave an overview of the effects of corruption. A total of 62 people attended the program. Integrity Pledge was administered on 26 October 2021 for all the faculty, students, and non-teaching staff of MCON by Dr Judith A Noronha, Dean, MCON, Manipal. A total of 221 students, 17 faculty, and non-teaching staff took the Integrity pledge.

A webinar on the theme was conducted on 30 October 2021 between 11:00 am and 11:45 am. Mrs Latha C S Holla, Advocate from Mangalore shared her expertise on the topic. The session was attended by 63 participants within MCON, Manipal.





Children's Day Celebration and Health Awareness Program – 2021

Department of Child Health Nursing, MCON, MAHE, Manipal along with the students of third-year BSc Nursing and second-year MSc Nursing organized a "children's day celebration and health awareness program" at ASHA Nilaya, Udupi, Government Primary School, Hanumantha Nagar, Udupi, Government Higher Primary School, Saralabettu, Manipal, CSI Boys Boarding School, Udupi in the month of October and November 2021. As part of the children's day celebration, various games and cultural competitions were conducted for the students in all four settings. Prizes were given to the winners of various competitions followed by the distribution of sweets to all the children. All the children participated with great enthusiasm and joy.





World Diabetes Day screening program and Health Education

As part of World Diabetes Day, the Department of Medical-Surgical Nursing, MCON, MAHE, Manipal has conducted the "Diabetes Screening and Health Education" program on 14 November 2021, at the ground floor of MCON from 9:00 am. The second-year MSc Nursing-Critical Care Nursing and Cardiovascular and Thoracic Nursing speciality students were part of the program. After the initial check of height, weight, and BMI, the participants were guided to the counter where the blood pressure and random blood sugar were checked. All those who came for health check-ups were given health education. A total of 100 people were screened and those identified with uncontrolled blood pressure and blood sugar were emphasized to undergo further check-ups.





Newborn Week Celebration 15 to 19 November 2021

The Department of Obstetrics and Gynaecological (OBG) Nursing and the Department of Child Health Nursing, MCON, MAHE, Manipal observed the "Newborn Week" from 15 to 19 November 2021 based on the theme "Safety, quality, and nurturing care-the birth right of every newborn." The aim of celebrating "Newborn Week" is to create awareness and sensitize the general public, students, and healthcare professionals regarding quality and essential newborn care. Based on the theme, several activities like an awareness program on essential newborn care, poster competition on the theme for the faculty and students, radio program, etc., were conducted.





Curriculum Convention on Outcome Evaluation and NEP Integration

MCON, MAHE, Manipal organized the seventh curriculum convention on 18 November 2021, I think after blended mode, through MS Teams is not required. Dr Judith Angelitta Noronha, Dean, MCON, MAHE, Manipal welcomed the gathering and introduced the Chief Guest, Dr PLNG Rao, Pro Vice Chancellor (Quality Assurance and Faculty of Health Sciences), MAHE, Manipal. Dr Linu Sara George, Professor and Pillar Head "Excellence in Education" gave an overview of the Convention. Dr PLNG Rao emphasized the importance of the National Education Policy 2020. The resource persons



Dr Shankaranarayana Bhat, Associate Director, Manipal Institute of Technology, MAHE, Manipal, in his interactive session highlighted course outcome assessment rubrics, Nationalized Assessment Index (NAI), design down deliver up approach, and Program Articulation Index. Mr Renjulal Yeshodaran, Assistant Professor, MCON, MAHE, Manipal in his session on "Challenges in Outcome Evaluation" outlined the challenges faced by the faculty in implementing outcome evaluation. Dr Anice George, Professor, MCON, MAHE, Manipal in her closing remarks pointed out that the strength and outcome of a curriculum depend on its successful implementation. A total of 53 participants actively participated in the curriculum convention 2021.

E-poster competition

As part of Azadi ka Amrit Mahotsav, Department of Fundamentals of Nursing, MCON, MAHE, Manipal has observed "Global Handwashing Day 2021" by organising an e-poster competition on the theme- "Our Future is at Hand-Let's Move Forward Together" on 23 November 2021. A total of 11 students participated in the e-poster competition. The competition was coordinated by Mrs Jackline Prathibha, Lecturer, Fundamentals of Nursing, MCON.





World AIDS Day 2021

On World AIDS Day, the Department of Fundamentals of Nursing, MCON, MAHE, conducted a virtual session on the theme "End inequalities, End AIDS" on 01 December 2021. Dr Melita Sheilini, Assistant Professor, (Selection grade) was the resource person. Dr Melita elaborated on the importance of observing World AIDS Day every year and on the theme "End Inequalities, End AIDS". A total of 100 students participated in this program.

A painting competition on the theme "End AIDS and Not People with AIDS" was also held as part of this program. Six students of the first-year BSc Nursing participated in the competition. Ms Melissa Alina D'Souza won first place and Ms Anumol Lukose second place. These activities were conducted as a part of Azadi Ka Amrit Mahotsav.



Health Screening and Dental camp

The Department of Community Health Nursing and fourth-year BSc Nursing students of MCON, MAHE, conducted a "Health Screening and Dental camp" on 3 December 2021, in collaboration with the Department of Public Health Dentistry, Manipal College of Dental Sciences (MCODS), Manipal at Spandana Rehabilitation Centre, Uppoor as part of International Day of Persons with Disabilities. Mr Janardhan, Incharge of the Rehabilitation Centre, along with Dr Shashidhara Y N, Professor and Head, Department of Community Health Nursing, MCON, welcomed the gathering and briefed about the activities to the inmates of the centre.

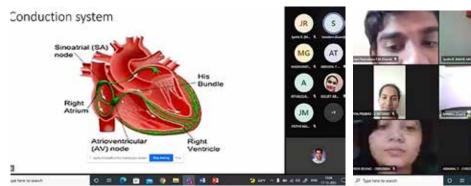
Forty-seven mentally challenged persons and four staff from the Rehabilitation Centre were screened by the nursing students for hypertension and diabetes mellitus followed by dental health check-up/treatment, referrals for further treatment, and follow-up. Games were conducted by the nursing students to the inmates of the Rehabilitation Centre.





Guest Lecture on "Management of Arrhythmias"

Department of Medical-Surgical Nursing, MCON, MAHE, organized a Guest Lecture on "Management of Arrhythmias" on 17 December 2021, between 3:00 pm and 4:30 pm to students of both the Nurse Practitioner in Critical Care (NPCC) residential program and MSc Nursing through Microsoft Teams Platform. Mrs Sreedevi P S, Nurse Practitioner, MGM Hospital, Navi Mumbai spoke on the topic. She emphasized reviewing the basic anatomy of the cardiac conduction system, the basics of ECG analysis and a detailed deliberation on the identification of various arrhythmias and their management modalities. A total of 28 participants participated in the session.





School Health Program

As part of an outreach program, the first-year PBBSc Nursing students under the guidance of Dr Yashoda Sathish, Assistant Professor, Department of Child Health Nursing, MCON, Manipal organized a school health program on 24 December 2021, between 2:00 pm and 4:00 pm. The main aim of the program was to create awareness on "Accident prevention, balanced diet, and prevention of communicable diseases" for the students and teachers at Government Primary School, Manchikodi, Udupi district. The awareness program was deliberated through skits and discussion, incorporating various videos and demonstrations of personal hygiene, environmental hygiene, exercises, and a balanced diet for a better understanding of the students. Around 50 students including the teachers participated in the program and they expressed that it was very useful and was well organized.



Oration in memory of Professor (Late) P P Bhanumathi and Dr (Late) Aparna Bhaduri

MCON, MAHE, Manipal organized Oration - 2021 on 28 December 2021, in memory of legends in Nursing, Professor (Late) P P Bhanumathi, the founder Dean of MCON and Dr (Late) Aparna Bhaduri, a world-renowned nurse researcher and the PG coordinator at MCON, MAHE.

Cdr (Dr) Anil Rana, Director, Manipal Institute of Technology (MIT), MAHE, Manipal was the Chief Guest for the program. Dr Rana in his address spoke about the richness of nursing education where a lot of focus is given to developing the skills in nursing, human, and ethical values.

Oration in memory of Professor (Late) P P Bhanumathi was orated by Dr Shyamala Kumar who is the alumni of MCON, Manipal, now the Director-Nursing Services, NMC Royal Hospital, Dubai, UAE, on the topic "Balancing Academic and Clinical Practice for Quality Health Care Outcome".

The second oration on the topic "Strategic Research in Nursing – A Way Forward for Global Health" in memory of Dr (Late) Aparna Bhaduri, was orated by Professor (Dr) Manju Chhugani, Dean, Jamia Hamdard. Dr Manju highlighted the importance of strategic research and how strategic research can be taken up in Nursing. A total of 94 participants participated in the oration.





Health Screening and Awareness Program

As part of Universal Health Coverage Day, the Department of Community Health Nursing and fourth-year BSc Nursing students of MCON, MAHE, conducted a health screening and an awareness program on "Prevention of Occupational Diseases and Injuries and Ayushman Bharat Scheme in India" on 29 December 2021, for the factory workers at Hirebettu. A health talk on the prevention of occupational diseases/injuries was given by Ms Deeksha and Ms Ankita Pal, fourth-year BSc Nursing students. Students also explained about the Ayushman Bharat Scheme and its services and demonstrated a few Yoga Technique/Exercises to the employees. Further, health screening for hypertension and diabetes mellitus was done for all the workers of the factory. A total of 24 employees (12 female and 12 male) were screened for their health conditions.





INTERNATIONAL

The simulation-based learning experience during COVID-19 Pandemic

Department of Fundamentals of Nursing, MCON, MAHE, Manipal and Department of Nursing, Edge Hill University, UK organized Academic Student Collaboration Series-3 on "Simulation-based learning experience during COVID-19 Pandemic" on 07 September 2021 between 3:30 pm and 5.30 pm through Microsoft Teams Virtual Platform.

Ms Emma Grady and Ms Rowan Chalmers, third-year BSc Nursing students from Edge Hill University shared a video recording of the Modified Early Warning Score (MEWS) chart assessment which included pre-briefing, process and debriefing with the group of students and instructor. Ms Kezia Marium and Ms Sandra Mariam of third-year BSc Nursing from MCON shared a video recording of the Pressure Sore Assessment using the Braden scale. Dr Radhika,

Assistant Professor from MCON and Dr Tony Bewley, Senior Lecturer from Edge Hill briefed on the teaching-learning experiences in the clinical facility during the COVID-19 pandemic. A total of 53 participants (37 national and 16 international) from both MAHE and Edge Hill University participated in this event.





Collaborative Healthcare Practice and Challenges in Current Times Series

The inaugural function of the Global Symposium Series was held on 29 September 2021. Dr H Vinod Bhat, Executive Vice President, MAHE and Chief Guest of the inaugural function briefed on the importance of collaborative healthcare practices. Dr Lucy Koneri, the Manager, Professional Nursing Development, University Medical Centre, Texas delivered the keynote address. Dr Judith Angelitta Noronha, Dean, MCON, MAHE, Manipal welcomed the novel opportunities of linking interprofessional teams through the Global symposium. Dr Elsa Sanatombi Devi, Pillar Head of Team - Reach and internationalization put forth the importance of having global expert partners and policymakers to make healthcare practices reliable.

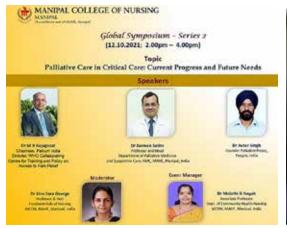
The first Global Symposium series flagged off with the subtheme "Sustainable Interprofessional working towards Advanced Dementia, research, workforce development and practice" by Professor Debbie Tolson, Director Alzheimer's Scotland, Dr Margaret Brown, Deputy Director Alzheimer's Scotland, Dr Anna Jack-Waugh, Senior Lecturer, Alzheimer Scotland Centre for Policy and Practice, the University of the West of Scotland. Professor Golam Rabbani and Mr Mohammad M Mollah of the Institute of Social Welfare and Research (ISWR) University of Dhaka, Bangladesh shared their unique experiences of dealing with education, practice, and policy in dementia care in Bangladesh.





Palliative care in critical care: Current progress and future needs

Global Symposium Series—2 was organized by Team-Reach and Internationalization of MCON, MAHE, Manipal on 12 October 2021, from 2:00 pm to 4:00 pm. The resource persons for the symposium were Dr M R Rajagopal, Chairman, Pallium India and Director, WHO Collaborating Centre for Training and Policy on Access to Pain Relief; Dr Naveen Salins, Professor and Head, Department of Palliative Medicine and Supportive Care, KMC, Manipal, and Dr Avtar Singh, Founder Palliative Peace, Punjab. A total of 80 professionals participated from across the globe in this virtual symposium.





Build Back Better: Post Pandemic Opportunities and Innovations

Global Symposium Series-3 was organized by MCON, MAHE, Manipal on 13 October 2021, from 2:00 pm to 4:00 pm. The session was conducted by Dr Dasharathraj K Shetty, Associate Professor, Department of Humanities and Management, MIT, MAHE, Manipal. Dr Dasharathraj ignited the minds of participants with his innovative ideas and explained the difference between ideas and innovation. The program was attended by 90 participants and they had actively participated.





TruVent - True App, Mechanical Ventilation in Critical Care and VAP Bundle

Global Symposium Series—4 was organized on 16 October 2021, from 2:00 pm to 4:00 pm. Mr Arun Samuel Ponnish, Faculty, BLS, ACLS, PALS, AHLS, Laerdal Medical Centre Chennai, and Mr Prasanna Kumara, Nurse Practitioner, Kasturba Hospital, Manipal were the speakers of this virtual symposium.

Mr Arun Samuel Ponnish introduced the participants to the TruVent App – a virtual ventilator management solution. Mr Prasanna Kumara, Nurse Practitioner, Kasturba Hospital, Manipal, highlighted the various aspects of nursing care of patients on ventilators emphasizing evidence-based practices.

A total of 98 participants, participated from across the globe in this virtual symposium.





Tackling Health Inequities - Healthcare Empowerment in Developing Countries

Global Symposium Series-5 was organized on 19 October 2021, from 2:00 pm to 4:00 pm. Dr Mamatha S Pai, Professor, Department of Child Health Nursing, MCON, MAHE, Manipal and Dr Matpady Prabhath Kalkura, Manager Research and Field Operations, Indian Institute of Health Management Research, South Campus Bengaluru, Karnataka were the speakers for the session.

Dr Mamatha S Pai highlighted the different health inequities in the Indian context and emphasized that improving living conditions in the family, changes in the structural and health-related factors will help inequitable health for all the people of the country. Dr Matpady Prabhath Kalkura focused in-depth on the causes of inequity and its impact. There were 75 participants for the session from various places attending virtually.





Emerging Evidence and Teaching Learning Methods for Future Crisis, Learning Modes, Online Assessment, and Evaluation Competencies

Global Symposium Series–7 was organized on 02 November 2021, from 2:00 pm to 4:00 pm. Dr Manojkumar Nagasampige, Director of Online Education, MAHE, Mrs Sivaneswary Palanibilo, Lecturer and Senior Manager, Overseas Program Ngee Ann Polytechnic, Singapore and Dr Shashidhara Y N, Professor and Head, Department of Community Health Nursing, MCON, MAHE were the resource persons for the symposium. Dr Shashidhara Y N discussed the competencies of online communication skills, competencies of online teaching and tips for successful communication. Dr Manojkumar Nagasampige elaborated on designing, developing, and improving an online program. Mrs Sivaneswary Palanibilo, explained about collaboration and industry requirements, implementation of Group work Skills Questionnaire (GSQ), its implementation in the module. A total of 72 professionals participated from across the globe in this virtual symposium.





Family-friendly Global Healthcare Policies: Redesigning workplace

Global Symposium Series-8 was organized on 04 November 2021, from 2:00 pm to 4:00 pm. Dr Suneel C Mundkur, Professor, Department of Paediatrics, KMC, Manipal, and Dr Christopher Sudhaker, Director, Quality, MAHE, Manipal, were the speakers of this virtual symposium. Dr Suneel C Mundkur highlighted on healthy workplace, policy and

redesigning the workplace to facilitate breastfeeding at an institutional level and its benefits. Dr Christopher Sudhakar spoke on the family-friendly policy: paid parental leave to care for younger children, family wellbeing standards and also highlighted the family-friendly guidelines at MAHE. A total of 65 participants, participated in this virtual symposium.





Build Global Solidarity for Worldwide Health Security

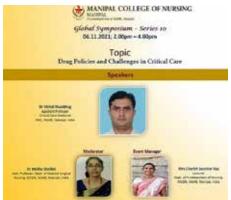
Global Symposium Series-9 was organized on 05 November 2021, from 2:00 pm to 4:00 pm. Dr Sohil Khan, Faculty School of Pharmacy and Medical Sciences, Griffith University, Australia and Dr Sanjay M Pattanshetty, Associate Professor, Department of Community Medicine, KMC Manipal, MAHE, were the speakers of this virtual symposium. Dr Sanjay M Pattanshetty spoke on the solidarity of the research findings and their acceptance in the actual scenario. Dr Sohil Khan highlighted Global health security in the post-COVID-19 world - Challenges, strategies, and Indo-Australian perspective. Sixty-four participants participated in the virtual symposium out of which four were international participants and 60 were national participants.





Drug Policies and Challenges in Critical Care

Global Symposium Series—10 was organized on 06 November 2021, from 2:00 pm to 4:00 pm. Dr Vishal Shanbhag, Assistant Professor, Critical Care Medicine KMC Manipal, MAHE, delivered the session. He discussed the challenges of drug policies in ICU, the role of nurse educator, challenges for ICU nurses and clinical pharmacist role, quality and safety issues in critical care, and drug error categorization. A total of 96 professionals participated in this virtual symposium.

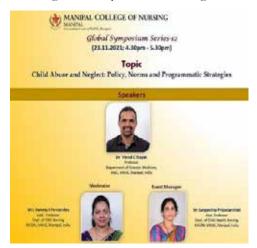




Child Abuse and Neglect: Policy, Norms and Programmatic Strategies

Global Symposium Series–12 was organized on 23 November 2021, from 4:30 pm to 5:00 pm. The resource person for the symposium was Dr Vinod C Nayak, Professor, Department of Forensic Medicine, KMC, MAHE, Manipal, discussed the Policy, Norms and Programmatic Strategies on Child Abuse and Neglect. A total of 58 professionals participated from across the globe in this virtual symposium.

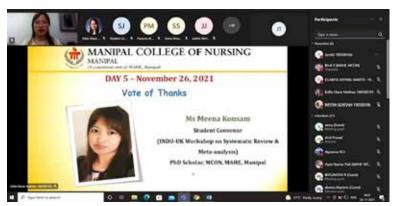
Followed by this, the valedictory program was held at 5:00 pm. Professor M Ramesh, Founder Director, Chaithanya Medical Foundation, Bengaluru, the Chief Guest of the valedictory program briefed on the importance of collaborative healthcare practices and spoke on the series of sessions taken during the symposium. Dr Raghu A R, Director, International Collaborations, MAHE, Manipal and the Guest of Honour for the function, in his closing remark, emphasized how the Nursing fraternity is contributing their service to the healthcare team.





INDO - UK Workshop on Systematic Review and Meta-analysis (Supported by SPARC & UKEIRI SPARC support programme)

MCON, MAHE, Manipal, organized the INDO - UK workshop on Systematic Review and Meta-analysis through the virtual mode from 22 November 2021 to 26 November 2021. The keynote address was delivered on, "Value of Systematic Reviews in policymaking" by Dr Mukdarut Bangpan, Associate Professor, Departmental Graduate Tutor, UCL Social Research Institute, London, UK. Informative sessions by experts in the field were conducted throughout the five days of the workshop.

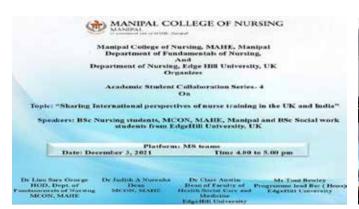




Collaboration Series-4 "Sharing International perspectives of nurse training in the UK and India."

Department of Fundamentals of Nursing, MCON, MAHE, Manipal and Department of Nursing, Edge Hill University, UK organized Academic Student Collaboration Series-4 on 03 December 2021 between 4:00 pm and 5:00 pm through

Microsoft Teams Virtual Platform. This event started with the keynote address from Dr Toni Bewley, Senior Lecturer, Department of Nursing, Edge Hill University, who briefed the course on BSc nursing and social work at Edge Hill University. The session continued with the student interaction from both the universities discussing the impact of pandemics on academic activities. The main issues for discussion raised were challenges faced during the pandemic concerning classroom and clinical activities, method of course delivery during the pandemic, the pattern of examination, scope of the course, and placement opportunities. The session was concluded by Dr Radhika, Assistant Professor from MCON, who briefed the holistic health delivery in an Indian setting and various speciality exposure given to the student nurses in their course for clinical practice. A total of 27 participants (11 national and 16 international) from MAHE and Edge Hill University participated in this event.





RESEARCH

Webinar on "Inculcating Research Culture in Students"

The Student Research Forum (SRF) of MCON, MAHE, Manipal organized a webinar on "Inculcating Research Culture in Students". The first two sessions of the year-long webinar series were held on 17 July 2021 from 3:00 pm to 5:00 pm. Dr Binil V, Associate Professor, Department of Psychiatric (Mental Health) Nursing, MCON, and Faculty Advisor of SRF-MCON addressed the participants and briefed the objectives of SRF-MCON. Ms Tenzin Phagdol, PhD Scholar, Department of Child Health Nursing, MCON, Manipal discussed the basic steps in a research process and Mr Anil Raj A, Lecturer, Department of Medical-Surgical Nursing, MCON, Manipal took a session on finding research topics and building basic knowledge. A total of 90 participants attended the webinar sessions.



MAHE SRF Online Training Program On "Medical Emergency and First Aid"

MCON, MAHE, Manipal, delivered a three-day online training program on "Medical Emergency and First-Aid" organized by MAHE Student Research Forum, under the aegis of Directorate of Research, MAHE, Manipal from 18 August to 20 August 2021, 4:00 pm to 6:00 pm. The resource persons for the three days program were Dr Melita Sheilini, Assistant Professor-Selection Grade, Department of Medical-Surgical Nursing, MCON, Manipal; Mrs Shalini G Nayak, Assistant Professor, Department of Medical-Surgical Nursing, MCON, Manipal; and Mr Vinish V, Assistant Professor, Department of Community Health Nursing, MCON, Manipal. A total of 213 participants attended the program.



MCON-SRF Webinar on "Institutional Ethics Committee Approval Process"

MCON-SRF, MAHE, Manipal, organized the third session of the year-long webinar series on the topic – "Institutional Ethics Committee (IEC) Approval Process" on 28 August 2021, from 3:30 pm to 4:30 pm. The resource person for the session was Dr Tessy Treesa Jose, Professor and Head, Department of Psychiatric (Mental Health) Nursing, MCON, MAHE, Manipal. A total of 31 participants, including undergraduate and postgraduate students, PhD scholars, and project staff of MCON actively attended the program.





MCON-SRF Webinar on "CTRI Registration Process"

MCON-SRF, MAHE, Manipal, organized the fourth session of the year-long webinar series on the topic – "CTRI Registration Process" on 24 September 2021, from 6:00 pm to 7:00 pm. The resource person for the session was Mrs Shalini G Nayak, Assistant Professor, Department of Medical-Surgical Nursing, MCON, MAHE, Manipal.

A total of 24 participants, including undergraduate and postgraduate students, PhD scholars, and project staff of MCON, Manipal attended the program.



Nursing Research Day – 2021

The Exemplary Research and Innovation team of MCON, MAHE, Manipal, had organized Nursing Research Day on 25 September 2021 through virtual mode. A total of 150 participants attended the program and 20 participants presented e-posters and innovative ideas. The keynote address on the theme – "Intervention Research in Nursing Practice" was delivered by Dr L Gopichandran, Associate Professor, College of Nursing, AIIMS, New Delhi. He emphasized the importance of nurses being empowered to conduct research and generate evidence to improve the quality of care as well as their professional development.





MCON-SRF Webinar on "Accelerating your literature search: an overview of PubMed"

MCON-SRF, MAHE, Manipal, organized the fifth session of the year-long webinar series on 22 October 2021, from 1:45 pm to 2:45 pm. The resource person for the session was Mrs Sunitha Calvin, PhD Scholar, Department of Child Health Nursing, MCON, MAHE, Manipal.

Mrs Sunitha gave a brief orientation on PubMed, the basic search strategies, and the objective of using search strategies in online databases. A total of 27 participants, including undergraduate and postgraduate students, PhD scholars, and project staff of MCON attended the session.





MCON-SRF Webinar on "Accelerating your literature search: an overview of Cumulative Index to Nursing and Allied Health Literature (CINAHL)"

MCON-SRF, MAHE, Manipal, organized the sixth session of the year-long webinar series on 23 October 2021, from 3:00 pm to 4:00 pm. The resource person for the session was Mrs Edlin Glane Mathias, PhD Scholar, Department of Child Health Nursing, MCON, MAHE, Manipal. Mrs Edlin gave a brief orientation on CINAHL and then explained in detail the steps of performing a literature search with a LIVE demonstration on CINAHL. A total of 20 participants, including undergraduate and postgraduate students, PhD scholars, and project staff of MCON attended the session.



Publications

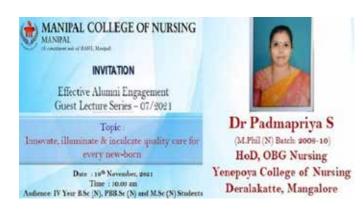
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ALUMNI RELATIONS AND EMPLOYER REPUTATION

Alumni engagement Guest Lecture Series

An alumni guest lecture was arranged by the Department of Obstetrics and Gynaecological (OBG) Nursing, MCON, MAHE, Manipal for the UG and PG nursing students on 19 November 2021 through blended mode. The resource person Dr Padmapriya, Associate Professor and Head, Department of Obstetrics and Gynaecological (OBG) Nursing, Yenepoya College of Nursing (Alumnus of MCON, MAHE, Manipal - MPhil 2008-2010 batch) deliberated a session on "Quality newborn care." A total of 50 participants attended the session (22 students attended offline and 28 participants attended online through Microsoft Teams).





An alumni guest lecture was arranged by the Department of Psychiatric (Mental Health) Nursing, MCON, MAHE, for the UG and PG nursing students on 17 December 2021 through online mode. The resource person was Mrs Anjali, Registered Nurse (Mental Health) at Brampton Civic Hospital, Canada. She is an alumnus of MCON, MAHE: MSc (N) 2011-2013 batch. Mrs. Anjali deliberated a session on "Management of aggressive behaviour in a psychiatric setting". She discussed the methods that are utilized in Canadian psychiatric settings to recognize the signs of aggression in a client and emphasized on the interventions carried out based on the cultural, ethical, and legal basis. A total of 113 participants (students from 3rd year BSc, 2nd year PBBSc and 2nd year MSc Nursing) attended the session.





Alumni Guest lecture on "Postnatal Depression" was organized by the Department of OBG (N), MCON, MAHE, on 23 December 2021. Mrs Sharrel Lewis, Deputy HoD and Lecturer, Department of Nursing, Mohammed Al-Mana College of Medical Sciences (2005-2007 batch MSc (N), deliberated on the session. A total of 240 participants including UG and PG students and faculty members participated in the session.

ALUMNUS ACHIEVEMENT

Dr Wilson Nicolau Fernandes is an alumnus of MCON, MAHE. He started his career as occupational nurse after completing Diploma in General and Psychiatric Nursing (1995) and later in 1997 joined government service as a staff nurse in Goa Medical College and Hospital, Goa. He rose from diploma to doctorate degree and from staff nurse to Professor with an outstanding example to his fellow nurses.

Through his sincere work and continual dedication towards nursing profession today he has earned the esteemed position in his own Institute as a Principal, Institute of Nursing Education, under the Government of Goa. He attributes his achievements to grounded learning and experiences attained during his continuing education at **MCON**, MAHE, Manipal. We congratulate him and wish him success in his professional and personal life.



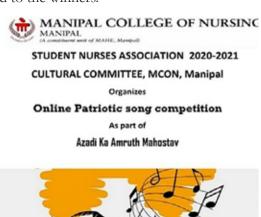
Dr Wilson Nicolau Fernandes

STUDENT NURSES' ASSOCIATION (SNA) ACTIVITIES

Patriotic Singing Competition

As part of the "Azadi Ka Amruth Mahotsav", the cultural committee of MCON conducted a Patriotic singing competition (solo) through Microsoft Teams on 16 August 2021. A total of eight students participated from different batches. The winners of the competition were Ms Shiwil Andrina Dsouza (first prize), Ms Kezia Mariam (second prize), and Ms Pruthvi D Bore (third prize). Certificates were distributed to the winners.









SNA 2020-21 Handing Over Ceremony

The handing over ceremony of SNA 2020-2021 was held on 25 August 2021 at 3:00 pm through Microsoft Teams Platform. Mr Simson D'Souza, the President of SNA 2020-21, presented a glimpse of the activities conducted throughout the year by SNA and delivered the speech as outgoing president. Ms Mariya Roy was elected as the President of SNA 2021-22. Dr Ansuya, SNA Advisor 2020-21, MCON, appreciated and thanked all the office bearers and advisors for their support in carrying out SNA activities. Dr Judith A Noronha, Dean, MCON, Manipal unveiled and released the second issue of "MCON DRONE", a bi-annual e-newsletter.







Ms. Minnu Anna Reji - SNA Vice-president

Virtual Session on Effective ways to accept tough situations in life

The health and social welfare committee of SNA, MCON, MAHE, Manipal organized a virtual session for undergraduate students of MCON, Manipal, on 24 September 2021, from 4:30 pm to 5:30 pm. Dr Rayan Mathias, the MAHE student counsellor, MAHE, Manipal was the speaker for the session. He explained the ways to face tough situations by giving various examples of people who struggled in their life due to their disabilities but worked hard and reached a great height. Around 120 students participated in this program.

Essay Writing Competition

As part of University Grants Commission (UGC) activities, the Education Committee of SNA 2021-22 of MCON, MAHE, Manipal had organized an essay writing competition on 08 October 2021 between 4:00 pm and 5.00 pm. The theme of the essay writing competition was "Cyber Crimes and Cyber Security". A total of nine students participated in the competition and the program was conducted through offline mode.

Breast Cancer Awareness Program

The health education committee of the SNA-2021 of MCON, MAHE, Manipal, organized an awareness program on "Breast Cancer" between 10:30 am to 12 noon on 09 October 2021 for the mothers and family members of antenatal and postnatal clients admitted in Women and Child health block of Kasturba Hospital, Manipal. The sessions were delivered by health education committee representatives, Ms Levia Marina Lobo, Ms Shetty Swathi, Ms Nikshitha, Ms Jhanavi Crystal, and Ms Aleena Jossy through discussion and demonstration. A total of 20 participants benefitted from the program.





Beach cleaning event as part of "Clean India" program

As part of the "Clean India" program, the health and social welfare committee of SNA, MCON, MAHE, Manipal, organized a beach cleaning drive at Malpe beach on 31 October 2021 from 3:30 pm to 5:30 pm. Thirty students from various batches participated in the cleaning drive. Around 17 bags of waste were collected, mainly the single-use plastic waste from the seashore of Malpe beach.



Poetry Writing Competition

As part of Karnataka Rajyotsava, the cultural committee of SNA, MCON, MAHE, Manipal organized an "online poetry writing competition" on 02 November 2021. A total of six participants were present. The theme was "Unity in diversity". The competition was held under the supervision of cultural committee advisor Ms Sanju Pant and cultural Chairperson Ms Navya.



Diwali Celebration 2021

Diwali celebration was organized by the cultural committee of SNA 2021-22 on 05 November 2021. The formal inauguration of the Diwali celebration was held at 10:00 am by Dr Judith A Noronha, Dean, MCON by lighting the auspicious lamp. The cultural program as part of the Diwali celebration was organized at 2:30 pm through Microsoft Teams. Dr Baby S Nayak, HOD and Professor, Department of Child Health Nursing addressed the gathering and explained the significance of the Diwali celebration. Various cultural performances, including solo and group dance and group songs, were presented by the students.





Awareness session on "Gender Sensitization"

The Education Committee of SNA 2021-22 of MCON, MAHE, Manipal has organized an awareness session on the topic "Gender Sensitization" on 15 November 2021 between 4:00 pm and 5:00 pm. Dr Rayan Mathias, MAHE Student Counsellor, Department of Student Affairs, MAHE, Manipal was the resource person for the session. He spoke about gender, gender stereotypes, gender equity, equal opportunity and women empowerment, examples of behaviours that constitute sexual harassment at the workplace etc.

A total of 129 participants including faculty members and students attended the session.





UPCOMING EVENTS (January- June 2022)

- World Leprosy Day
- World TB Day
- Annual Day
- World Health Day
- World Cancer Day
- Midwifery Day
- Lamp Lighting
- International Nurses Day
- National Deworming Day
- Menstrual Hygiene Day
- International Women's Day
- International Day of Yoga