



September 2022

# W G S H A Chronicle

Welcomgroup Graduate School of Hotel Administration  
A constituent unit of MAHE, Manipal

Featuring the events from August 2022



## Fresh start...!



Orientation held for PG Programs

Up-close and Personal session by Ms. Meryl Kuriakose

Crantastic Marathon held at WGSHA

FDP 8.0 Creating Classroom Presentations

WGSHA contingent won first place in the Independence Day parade

Theme breakfast at WGSHA Hostel - Tri-colorful breakfast

Theme Dinner at WGSHA Hostel Mediterranean themed dinner

M.Sc DAN students, Field Trip to Hangyo Ice-creams, Brahmavara

M.Sc DAN students, Field Trip Dharmasthala Manjunatheshwara Yoga and Nature Cure Hospital, Pareeka

MHM CT students, Field Visit to Local Markets, Clay Kart

Hostel Festival Shrikrishna Janmastami

Students volunteer at Bhakti Vedanta Academy for Art & Culture, Manipal

Hostel Festival: Ganesh Chaturthi

Laurels from Alumni, Students and Faculty

## FOREWORD

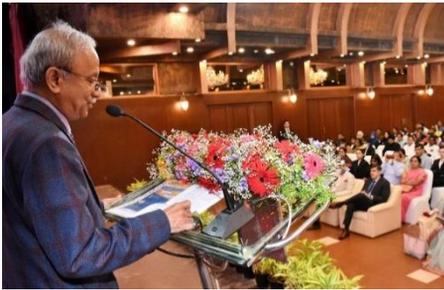
The month of August began with the arrival of a fresh batch of students from the postgraduate courses. Experts invited were from the area of Nutrition & Dietetics and successful entrepreneurs and chefs from the hotel industry. WGSHA hosted a Crantastic Marathon with US Cranberries with various celebrities. Up-close and personal, FDP for faculty members and the WGSHA contingent winning the Independence Day parade, theme dinner, and field trip marked the variety of events conducted which are memorable for all of us here. Our alumni made us happy with their accomplishments.



**Dr. (Chef) K. Thirugnanasambantham**  
Principal, WGSHA

26-Aug-2022

## Orientation 2022-23 for PG Programs - Welcoming the New Comers of MSc DAN, MHM CT & MAIC



**August 26, 2022:** An orientation programme 2022-23 was organized for the students of the M.Sc. Dietetics & Applied Nutrition (13<sup>th</sup> Course), Master of Hotel Management & Catering Technology (3<sup>rd</sup> Course) and M.A. Indian Cuisine and Food Culture – (2nd Course) at Chatya, Fortune Inn Valley View. Lt. Gen (Dr). M.D. Venkatesh, Vice Chancellor, Manipal Academy of Higher Education was the Chief Guest of the event. He evoked memories of the development of MAHE, Manipal to a successful world-class renowned institute.

Vice Chancellor also mentioned the contribution and dedication rendered by every single faculty for the phenomenal growth of MAHE. Students were advised to be responsible, diligent, proactive, determined and imbibe good qualities to serve mankind.

Dr. (Chef) K. Thirugnanasambantham, Principal, WGSHA addressed and began the program by explaining the institution's history and vision for the hospitality industry and culinary arts.



Eminent Guest speaker Ms. Shilpa Joshi, Vice president-Indian Dietetics Association, Consultant Dietician, Mumbai Diet and Health Centre was invited and she throw some rays on the recent trends in Nutrition and Dietetics on diabetes and post Covid demand for the Dietetics program globally. She also spoke about the niche area of nutrition where the students can develop their skills to become successful practitioners.

The successful entrepreneur alumnus of WGSHA was invited as a guest speaker to grace this occasion. Vinayak Chaturvedi, Resident manager, Hotel Green park, Bengaluru- 7<sup>th</sup> Course (BHM) WGSHA Alumnus and his wife Sonika Chaturvedi, Senior Director, Jones Lang lasalle, Bengaluru-8th course(BHM) WGSHA Alumnus, explained about the hotel management course and shared their experience of becoming a successful entrepreneur.



## Orientation 2022-23 for PG Programs - Welcoming the New Comers of MSc DAN, MHM CT & MAIC



Chef Sahil Desai, Executive Chef-Operations Corporate Food and Beverage, The Indian Hotels Company Ltd, Mumbai, WGSHA Alumnus-14th course (BHM) narrated his journey as a WGSHA student which led to be a stupendous chef.

Ms. Shamnhavi Kamat, Registered dietician – WGSHA Alumna - 6<sup>th</sup> Course (M.Sc DAN), shared her experience of her student life in WGSHA and Manipal. She thanked and appreciated Dietetics Department faculty for mentoring her to reach her goals and wished the newcomers to begin their journey.

The students and parents were delighted with the grandiose orientation programme and the closing section was followed by serving sumptuous lunch. Post Lunch, the WGSHA campus tour was organized by the faculty team.

On August 27<sup>th</sup>, early morning at 6.30 Rain-walk was organized by WGSHA. The newcomers were taken to the End point of the campus, as this will be the most memorable, nostalgic place for the students, where they enjoy the lustrous green and astounding landscape of the uphill. Zumba event was organized for the students and it was conducted by former Alumnus Ms. Rhea and the team. The event was followed by various amusing games and the prizes were distributed to the winners followed by a freestyle dance session. The event was closed by serving refreshments in the endpoint and breakfast in the hostel mess.

The other successful alumnus entrepreneur and Chefs were invited as guest speakers to illuminate the gathering. Mr. Amit Talwar, Director RMAS Support and Special Projects, APEC, Marriot International, WGSHA Alumnus-9<sup>th</sup> Course (BHM) shared his student experience and the training he underwent during his study period at WGSHA which transformed him to be an outstanding entrepreneur.



11-AUG-2022

Up-close and Personal session by  
**Ms. Meryl Kuriakose**



**August 11, 2022:** The session started by introducing Ms. Meryl Kuriakose, Vice President – Global Business Advisory Services, Marriott International, Maryland, United States. Ms. Meryl shared both her personal and professional journey. She spoke briefly about how she met Mr. Marriott. She started her career as a management trainee at ITC Windsor and then moved to Azerbaijan to pursue her MBA. She spoke about the opportunity she received to go to Cornell University as a Business Case study writing competition Winner. She received her Diploma in Project Management from Cornell University.

In her professional journey, she worked for Renaissance Powai as Revenue Manager, then Director of Sales, and also was responsible to incorporate a sales tool across many regions of India, Thailand, Australia, and China. She went on to the Asia Pacific region being in charge of 800 hotels. She was part of the merger between SPG and Marriott which took 4 years and was extremely crucial. She highlighted the importance of perseverance, passion, strategy, discipline, knowledge building and mastery as a key to overall professional success during the discussion with students.

23-Aug-2022

## Crantastic Marathon held at WGSHA



**August 23, 2022:** WGSHA hosted a Crantastic Marathon with US Cranberries- America's Original Superfruit with various celebrity chefs for the students of WGSHA on the 23rd August, 2022.

The demonstrations were by Chef Vikas Seth who made exciting Cranberry Som Tam Rolls, Chef Rakhee Vaswani plated a Liquid Cranberry Cheesecake and Cranberry Papdi Chaa. Chef Harpal Singh Sokhi made Cranberry Malai Tikka with his "Namak Shamak" along with Cranberry Paratha. Chef Abhijit Saha who gave students a taste of Europe with Arroz con Vino Tinto y Arandanos with amazing presentation. Mixologist Satbhi Basu showcased her magic and shared her secrets of mocktail making while preparing Cranberry and Peach Iced tea and Cranberry & Kokum Medley. Chef Yogesh Utekar graced the event with his presence and a special virtual session was held with Chef Sanjeev Kapoor where chef shared his words of wisdom which will definitely help students go a long way. The star and versatile ingredient - U.S. Cranberry was absolutely transformed in various dishes and the flavour through imaginative cooking style.

27-Aug-2022

FDP 8.0

# Creating Classroom Presentations

**August 27, 2022:** The Faculty Development Program on developing creative classroom PowerPoint presentations was organized on 27th August 2022.

This was the 8th edition of FDP arranged for the benefit of faculty members of WGSHA. The objective of this program was to highlight the necessity of using creative PPT templates and features to prepare interesting and impactful presentations for theory classes. The resource person for the program was Dr. A C Balaji, Head of the Department-Animation, MIC, MAHE, Manipal. Dr. Balaji explained the fundamentals of creative presentations. He said, "creativity does not have freedom. It is a process-driven activity. Imagination is the highest form of freedom". He explained the concepts of convergent and divergent thinking, collusion, and creative mash-up. The program also included a hands-on session to understand the fascinating features of PowerPoint. The faculty members were made to practice the various interesting features of PPT with the support of examples provided by Dr. Balaji. Principal Chef Thiru commenced the program and welcomed Dr. Balaji. Dr. Vidya Patwardhan, Professor, CHTR delivered the vote of thanks



15-Aug-2022

## WGSHA contingent won first place in the Independence Day parade



**August 15, 2022:** WGSHA contingent won first place in the Independence Day parade 2022 held at Manipal Academy of Higher Education (MAHE) Manipal. 23 contingents participated in the parade which was held on the 76th Independence Day of the country.

Students of Welcomgroup Graduate School of Hotel Administration (WGSHA) marched in rhythm to the marching band with chest high and a gleam in their eyes.

Principal Dr (Chef) Thirugnanasambantham announced that the prize is dedicated to WGSHA - Alumni who are currently serving in the Indian Army - COLONEL SUMIT SABHARWAL (WGSHA Alumnus - 11th Course BHM), LIEUTENANT COLONEL SHIVAM PANDEY (WGSHA Alumnus - 17th Course BHM), MAJOR ASHWINI NAUTIYAL (WGSHA Alumnus - 17th Course BHM), and CAPTAIN AFTAB SINGH DEUSI (WGSHA Alumnus - 23rd Course BHM).

15-Aug-2022

Theme breakfast at WGSHA Hostel

## Tri-colorful breakfast



**August 15, 2022:** Marking the 76th Independence Day, WGSHA Mess Committee organized an extravagant, tri-colorful breakfast for the students of WGSHA.

The spread had included a variation of a tri-colour feast of Idli, Khaman dhokla, poori bhaji and omelette along with some refreshing freshly cut tropical fruits and beverages of muskmelon juice, banana smoothie and cucumber-mint juice, ending on a sweet note of ash gourd halwa and tri-colour jalebi.

The event was well appreciated and ended on a positive note by receiving amazing feedback and a memorable learning experience for the students.

15-Aug-2022

Theme Dinner at WGSHA Hostel

## The Mediterranean themed dinner



**August 11, 2022:** WGSHA mess committee organised a Mediterranean-themed dinner on Aug 11, 2022. The Mediterranean Event aimed to educate the students on the diverse culture and cuisine of over 22 countries in the Mediterranean.

The event did exactly that and was well received and the food was enjoyed by students and faculty alike.

23-Aug-2022

Field Trip

## M.Sc. Dietetics and Applied Nutrition



**August 23, 2022:** The students of 12th course MSc Dietetics and Applied Nutrition (DAN) visited Hangyo Ice-creams, Brahmavara as a part of experiential learning on 23rd and 24th of August 2022. Students were taken on a tour around the unit and were briefed about the technical aspects of the manufacturing process. Mr. Suresh, production executive at Hangyo was a wonderful guide and answered all the queries of the students with ease. Students learnt that hygiene, temperature, and time plays an important role in a food processing industry. They also learnt the mechanics and processes involved in large scale ice-cream manufacturing.

23-Aug-2022

Field Trip

## Dharmasthala Manjunatheshwara Yoga and Nature Cure Hospital, Pareeka



**August 24, 2022:** The students of 12th course MSc Dietetics and Applied Nutrition (DAN) visited Sri Dharmasthala Manjunatheshwara Yoga and Nature Cure Hospital, Pareeka, as a part of experiential learning on 23rd and 24th of August 2022. Students visited the hospital to gain more knowledge about the field of Naturopathy. They were taken on a tour around the hospital guided by Dr. Shobith Shetty and his team. The tour also involved brief explanations about the treatments and diet plans practiced in the hospital. The tour was followed by a lecture by Dr.Gopal Poojary (Residential Medical Officer) on Day 1 and by Dr.Shivraj Patel (Head Chief Medical Officer) on Day 2, whose lectures showed how Modern Nutrition and Naturopathy go hand-in-hand.

29-Aug-2022

Field Visit

## Local Markets, Clay Kart

**August 29, 2022:** The students of 2nd Course MA Indian Cuisine and Food Culture (MAIC) commenced their course by visiting the local markets (Hiriadka Santhe) and reconnecting with their roots by visiting Clay Kart.

Leading the group, Chef Ajith Nayak and Chef Bantwal Shashidharbhat gave the students an introduction to some well-known regional cuisines before going over the creation and history of earthen pots. The students got to sample some local cuisine and make some pots firsthand. This was followed by a visit to the weekly local market, #Hiriyadka #Santhe, to learn about locally grown crops and spices.

A modern adaptation of "munn" and "palla," Manipal is derived from the Tulu language. Munn denotes "mud" and palla denotes "lake." The students gained a deeper understanding of the significance of the popular Manipal Lake after visiting it.

Overall, it was a fantastic start to the course; students thoroughly enjoyed the debriefing on local produce and are eager for more.



15-Aug-2022

Hostel Festival

# Shrikrishna Janmastami



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28-Aug-2022

Students volunteer at  
**Bhakti Vedanta Academy for Art &  
Culture, Manipal**



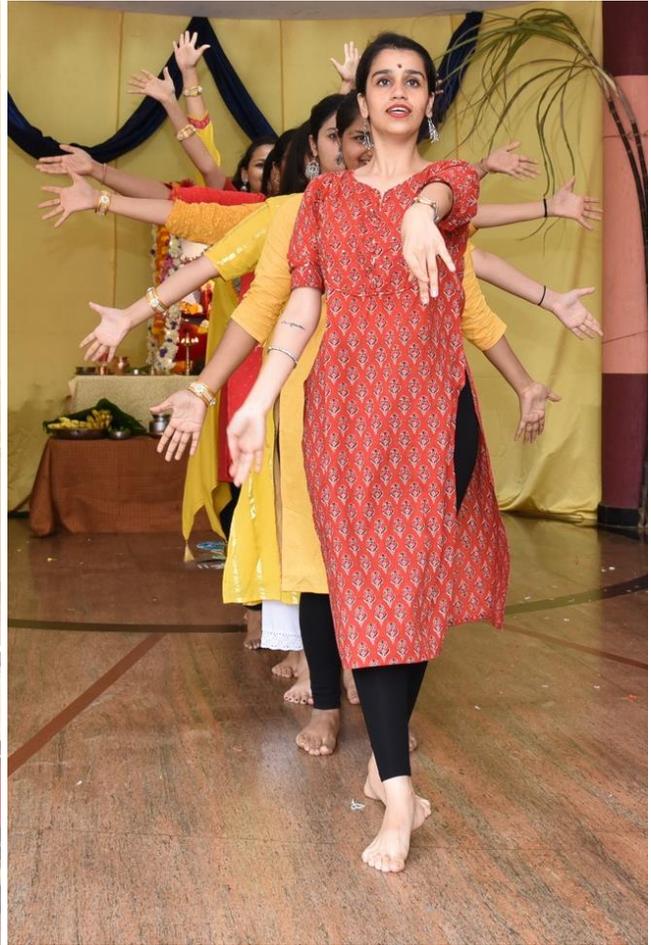
**August 28, 2022:** students from WGSHA volunteered on the occasion of #Janmashtami #Utsav at Bhakti Vedanta Academy for Art & Culture, Manipal. This grand celebration took place for the first time again after the pandemic. The students prepared Chappanbhog (56 dishes) as an offering to Lord Krishna. A total of 108 dishes were offered to the lord by the students and devotees. The students worked diligently to help prepare and serve food for 800+ devotees. Dayananda Prabhu was the faculty in charge



30-Aug-2022

Hostel Festival

# Ganesh Chaturthi



**August 30, 2022:** Students enjoyed the hostel festival Ganesh Chaturthi at WGSMA hostel premises. Learning about organizing an event, also understanding the purpose, culture, and theme behind each event was the main objective of every hostel festival.

Student participation from various departments such as Food & Beverage service, Production, and Housekeeping made the hostel festival celebration Ganesh Chaturthi a grand success.

August 2022

# Laurels from Alumni, Students and Faculty



WGSHA Congratulates its eminent alumnus **Chef Aditya Muralishankar** on receiving the **Best Young Chef in India – 2022** by the Big Food Awards

WGSHA Alumnus 6<sup>th</sup> Course – B.A. (Culinary Arts)



Dr. (Chef) K. Thirugnanasambantham  
Principal, WGSHA

## Chef Aditya Muralishankar

Chef Aditya Muralishankar our alumnus from 6<sup>th</sup> Course B.A. (Culinary Arts) is honored with the title “Best Young Chef in India – 2022”. This award is instituted by the Big Food Awards. The Big F Awards started in the year 2014 and is now in its 9<sup>th</sup> successful year. The objective of Big F Awards is to salute those who raise the standards in the culinary field! The awardees are designated after multiple rounds of judging and tasting sessions. It is an incredible journey for Aditya in the culinary field and his achievement is truly commendable. Dr. Chef K. Thiru and team WGSHA are extremely elated to congratulate Aditya on this great achievement.

## Quizzipedia winner

## Ms. Devanshi Vyas

We are proud to announce that our student from the 35<sup>th</sup> Course BHM, Ms. Devanshi Vyas represented WGSHA and bagged first place in the Front Office Quizzipedia - Ace Season 4, conducted by the DY Patil University SHTS via Zoom and the quiz was



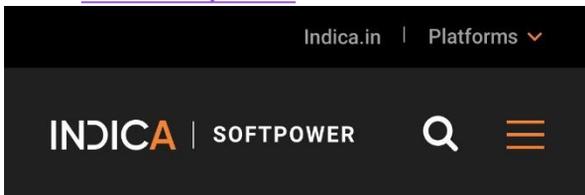
conducted via the Quizziz app. It was a National Level Quiz in which 58 Hospitality colleges participated. It consisted of 4 rounds, I am Smarticus-which was front office terminology round, Know It All-being a GK and current affair round, Picture Perfect-was a pictorial quiz and Plight to Delight-which was a one on one round with the Guest Judge and each round was an elimination round and one had to bring their best foot forward to Ace the Ace Quizzipedia.



## Chef Thiru Unravels India's Monsoon Delights

INDICA |Softpower published an article written by our principal Dr. Chef K. Thiru with the title “Unravels India’s Monsoon Delights”.

Link - [shorturl.at/duz36](https://shorturl.at/duz36)



## Chef Thiru Unravels India's Monsoon Delights





**WELCOMGROUP GRADUATE SCHOOL  
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